



May 3, 2026

## SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



# Sunday Bulletin

Office Hours: Mon to Fri 9am - 4pm

Emergency no. after hours: 250-635-6628

Secretary: Kimberly Webb office@sacredheartnews.ca

Pastor: Fr. James J Dhiraviam, SAC

Parish Assistant: Gorette Pires gorette14@hotmail.com

frjames@sacredheartnews.ca

## May is the Month of Mary



5th  
Sunday of  
Easter

### Lovely Lady

#### DRESSED IN BLUE

Lovely Lady Dressed in Blue  
Teach me how to Pray!  
God was just your little boy,  
Tell me what to say!  
Did you lift Him up, sometimes,  
Gently on your knee?  
Did you sing to Him the way  
Mother does to me?  
Did you hold His hand at night?  
Did you ever try  
Telling stories of the world?  
O! And did He cry?  
Do you really think He cares  
If I tell Him things  
Little things that happen?  
And Do the Angels' wings  
Make a noise?  
And can He hear Me  
if I speak low?  
Does He understand me now?  
Tell me for you know.  
Lovely Lady Dressed in Blue  
Teach me how to Pray!  
God was just your little boy,  
And you know the way.

MARY DIXON THAYER



Shaded by God 5/12



## Happy Birthday Fr. Alvin!

Fr. Alvin celebrates his birthday on Friday, May 8th. May God our heavenly Father bless you richly all the days of your life. Thank you for ministering to us while Fr. James is on holiday. Your presence in the community is greatly appreciated!



### Condolences to the Family and Friends of

## Arnie Appels

The funeral Mass for Mr. Appels will be Tuesday, May 12th at 11:00am. There will be a reception following the funeral, please sign up on the bulletin board if you are able to contribute food to the reception. Please keep the Appels family in your prayers. *Eternal rest grant unto him, O Lord and let perpetual light shine upon him.*



## Pancake Breakfast May 10, 2026



All are welcome to the pancake breakfast on Sunday May 10th. It is a lovely opportunity to bring Mothers for a breakfast with the parish community as well as raise money for the upcoming vacation bible school. There will be some special additions to breakfast to show Mom some much deserved appreciation and love. Please come join us! Thank you for your support!

## Root Kids in a Relationship With God Vacation Bible School July 2026!



This summer from July 20th to the 24, step through the mist into Rainforest Falls, overflowing with wild waterfalls, towering trees, and colorful creatures. Beneath a canopy of chattering birds and howling monkeys, kids plunge into a lifelong adventure of discovering the nature of God. They'll explore what it means to be rooted in relationship with God, their creator, a safe place in life's storms. Registration will open soon!

**We need your help!** We are looking for donations of artificial house plants to help transform our Bible School in to a tropical rain forest! Donations may be dropped off at the office. Pinned to the bulletin boards are envelopes of shapes to be cut out, if you would like to help please take an envelope and return the cut out shapes to the bulletin board once you are finished! Thank you!



### PARISH ACTIVITIES

**Pastoral Care:** Gorette Pires: 250-641-9468

**Prayer Line:** Linda: 635-4767 Holly 635-3894 Rene 635-5833

**NFP (Billings) Instructor:** Cathy Vandenberg 250-635-7397

**Pro-Life:** Don Coburn 250-635-5427

**Sacred Heart Guards of Honour:** Heather Kurisu: 250-641-4191

**CWL:** Rachel Cote 250-635-5983

**Knights of Columbus:** Gerald Caouette (250) 615-2773

**Finance Council:** Barry Dobbin: 250-922-5654

**Parish Council:** Manuela Krisinger: 250-638-7885

**Abba Prayer Group:** Mondays at 7:00pm in St. Luke's Room

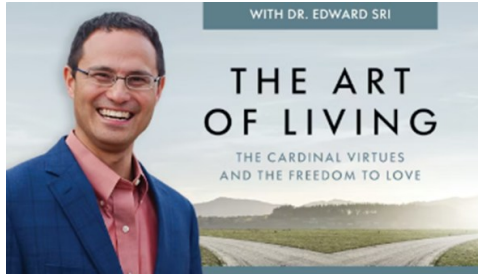
### Diocesan Youth Conference

May 15-17, 2026

Visit <https://www.pgdiocese.bc.ca/diocesan-youth-conference/> to register for the DYC!

**There is still spots available on the bus! Please contact the parish office if you wish to secure a spot.**





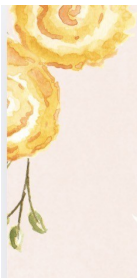
## This Week on Formed

The Art of Living and the Freedom to Love is a 6-session master class on how to understand and implement the 4 Cardinal Virtues of Prudence, Fortitude, Temperance, and Justice featuring Dr. Edward Sri. Dr. Sri breaks down each of the four cardinal virtues, the ways we can strengthen our practice of these virtues, and the vices that oppose them. Using real life examples, thoughtful storytelling, and the rich history of the Catholic Church's saints and theologians, you will be inspired to love others more deeply and authentically. Don't have access to our parish Formed Account? Please call the parish office to learn how to register.



## Krispy Creme Fundraiser Veritas School Orders due Friday, May 8th

**Veritas Grade 8 students are Raising Some Dough!** Veritas Grade 8 students are partnering with Krispy Kreme Doughnuts for a "sweet" fundraiser towards Veritas School's Grade 8 class. The cost is \$20 a dozen and pick up is on Thursday, May 14th. Please call contact the school or Silvia Barg at 250-615-3687 to place your orders.



## Spring Craft Fair—Veritas School May 9, 2026



The Spring Craft Fair will take place in the Veritas School gym on Saturday, May 9th from 9:00am to 4:00pm. Come support local crafters. You will find an assortment of baked goods, jewelry, soap, pottery, candles, clothing, stained glass, small businesses, claydough, and so much more!



## Feast of Our Lady of Fatima May 9, 2026 *Christ the King Parish, Kitimat*

All are welcome to celebrate the Feast of Our Lady of Fatima on Saturday, May 9th at Christ the King Parish in Kitimat. Mass will be celebrated at 4:00pm followed by the Rosary in different languages and then the traditional procession around the Church. Join us for a social (food, auction, raffle) in the Church Hall after the procession. Our Lady of Fatima, pray for us!



## Deep-Diving into the Power of Grace *Christ the King Parish, Kitimat*

Every Wednesday from April 22, 2026 to May 20, 2026, Fr. Dominic Apaatah will be presenting on the role of the Holy Spirit in our lives. It will take place at Christ the King in Kitimat from 6:30 PM to 7:30 PM.

Stop searching for fulfillment in things that leave you empty. If you are struggling to find purpose or feel trapped by habits that steal your joy, there is a better way. Join us to explore the role of the Holy Spirit in your life and unlock a deeper, more meaningful path to spiritual growth.

Please see the poster on the bulletin board in the foyer.

## MASS TIMES May 4—May 10

- Monday 9:00am**   ✠ Arnie Appels
- Tuesday 7:00pm**   ✠ Steve Obzera
- Wednesday 9:00am**   ✠ Ernestina Teixeira
- Thursday 9:00am**   ✠ Henriette Gagnon
- Friday 9:00am**   ✠ Doreen Sousa
- Saturday 9:00am**   ✠ Humberto Araujo

## Weekend Mass Times

- Saturday 7:00pm**   ✠ Joe & Justin da Silva
- Sunday 9:00am**   ✠ Bernadette Lucier
- Sunday 11:00am**   Intentions for the Parish

### Confession

Tuesday & Saturday 6:30pm  
or by appointment.

### Daily Readings

<p>Monday, May 4 Acts 14:5-18 Psalm 115 John 14:21-26</p> <p>Tuesday, May 5 Acts 14:19-28 Psalm 145 John 14:27-31a</p> <p>Wednesday, May 6 St. Francois de Laval 2 Timothy 4:1-5 Psalm 96 John 10:11-16</p>	<p>Thursday, May 7 Acts 15:7-21 Psalm 96 John 15:9-11</p> <p>Friday, May 8 Bl. Catherine of St. Augustine Acts 15:22-31 Psalm 57 John 15:12-17</p> <p>Saturday, May 9 Acts 16:1-10 Psalm 100 John 15:18-21</p>
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**Sunday, May 10**  
**6th Sunday of Easter**  
**Acts 8:5-8,14-17; Psalm 66, 1 Peter 3:15-18**  
**John 14:15-21**

### Prayer List



Phil Bialobzyski  
Maria DeMelo  
Raulino DeMelo  
John deSousa  
Kyle de Sousa

Laura B. duBois  
Fred Haines  
Tamara Henry  
Joao Mendes  
Dalton Stanvik  
Susie Viveiros

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.  
Thank you!

### Receive the weekly Sunday Bulletin in your Inbox!



Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

### Daily Rosary Times

Sun, Mon, Wed, Thurs, Fri, Sat., 8:30am  
Tues, 6:30pm

### *Quote of the Week*

*Easter is the feast of tombstones taken away, rocks rolled aside. God takes away even the hardest stones against which our hopes and expectations crash: death, sin, fear worldliness.*  
- Pope Francis

### E-Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

\*\* Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

### Last Sunday's Collection

General: 5,485.90  
Share Lent: 20.00

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

