



April 19, 2026

SACRED HEART PARISH

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Office Hours: Mon to Fri 9am - 4pm

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Hope Reborn: The Journey to Emmaus

“As Christ is walking along, he meets two men who have nearly lost all hope. They are beginning to feel that life has no meaning for them. Christ understands their sorrow; he sees into their heart and communicates to them some of the life he carries within himself.”

ST. JOSEMARIA ESCRIVA

Christ is Passing By, no. 105

The story of two discouraged men making a long journey home after having witnessed the Lord’s grueling passion (Luke 24:13-35) is pure balm for the suffering soul, especially for any suffering in the ways St Josemaria indicates: having lost a sense of hope or of meaning in life. By the end of the story, Jesus reveals a startling nearness to Cleopas and his companion that they had intuited all along, but couldn’t quite put their finger on: “Did not our hearts burn within us while he talked to us on the road, while he opened to us the scriptures?”

The setting is the first Easter Sunday, late afternoon. Two men are making the seven-mile trek from Jerusalem to Emmaus—a journey lengthened by their bewilderment over the recent trial and execution of the man who had embodied all of their hopes. And they are met by a stranger who joins them on the road: “Jesus himself drew near and went with them” (Lk 24:15)...

When suffering hits us in the same way as the Emmaus disciples—when our human hopes are tested by how fragile sickness, violence, and betrayal actually make us feel—we should feel the approach of the “stranger” at our side, and let Him put His questions to us. If we allow Him to accompany us along our journey, to “stay with us,” we will find that He communicates new life to us, remaking our hearts into the privileged place of encounter with Him.

-Rev. John Henry Hanson, O. Praem.

3rd
Sunday of
Easter

Welcome Fr. Alvin Matias

We welcome Fr. Alvin Matias who will be joining us while Fr. James is on holiday. Please be sure to make Fr. Alvin welcome while he is with us! Fr. Alvin serves in Prince George in both hospital and prison ministry as well as serving the Diocese as replacement ministry. We are so grateful that he could stay with us in Terrace until Fr. James returns in mid-May.



Fr. Jack Michalchuk's 25th Anniversary



Fr. Jack Michalchuk is celebrating the 25th anniversary of his Priesthood on May 30, 2026 and he has extended the invitation to celebrate this joyous event to the entire diocese. The celebration will take place in St. Joseph's Smithers with Mass at 12:00pm (noon) with a lunch reception to follow. If you would like to attend please RSVP by May 10th by calling 250-847-2012 or email sjpsmithers@outlook.com

Oblate Bicentennial

The Oblates of Mary Immaculate, are very grateful to have served Sacred Heart Parish as well as giving pastoral leadership to the Diocese of Prince George for many years. 2026 is a special year for us. We celebrate our Oblate Bicentennial (1826-2026) during this year and on the feast of St. Eugene May 21st, we will mark this special moment in our history of missionary activity in a festive "Gala Event" in Edmonton. This fundraising event will support our ministry in "Star of the North Retreat Center" as well as assisting in the construction of a new retreat center in Kenya. As it will be difficult for parishioners to join us in person for this "Living Mission in Community", we encourage parishioners to still participate by sending a donation. Perhaps those who treasure our ministry in the past might consider a gift of \$200, to mark our 200th anniversary. Thank you for your place in our hearts and our mission!

Here is the link you can use. <https://www.starofthenorth.ca/fundraising/donate/>

You also donate by cheque, made out to "The Star of the North Retreat Centre" 3A St. Vital Ave, St. Albert, AB, T8N 1K1 (780) 459-5511

Or by e-transfer to accounting@starofthenorth.ca



Bishop Thomas J. Lobsinger, OMI, Memorial Bursary Programs

Graduating students who will be attending a post-secondary institution in the fall are eligible to apply for the 2026 Knights of Columbus Bishop Thomas J. Lobsinger, OMI, memorial bursary.

A request for an application package must be made no later than June 1, 2026 and applications must be submitted by June 30, 2026. Or E-mail: jimw.kofc@gmail.com

PARISH ACTIVITIES

Pastoral Care: Gorette Pires: 250-641-9468

Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833

NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397

Pro-Life: Don Coburn 250-635-5427

Sacred Heart Guards of Honour: Heather Kurisu: 250-641-4191

CWL: Rachel Cote 250-635-5983

Knights of Columbus: Gerald Caouette (250) 615-2773

Finance Council: Barry Dobbin: 250-922-5654

Parish Council: Manuela Krisinger: 250-638-7885

Abba Prayer Group: Mondays at 7:00pm in St. Luke's Room

Diocesan Youth Conference

May 15-17, 2026

Visit <https://www.pgdiocese.bc.ca/diocesan-youth-conference/> to register for the DYC!

There is still spots available on the bus! Please contact the parish office if you wish to secure a spot.





Easter Water

Easter Holy Water is available from the Baptism Fount, please feel free to fill your own container after the Sunday Mass or anytime during the week.



Pancake Breakfast Thank you!

A big thank you to everyone who supported the pancake breakfast on April 12th. Together we raised \$917.39 for local families in need. This money will greatly assist our families and it is much appreciated.



Veritas Playground Equipment Fundraiser Golf Scramble May 30th

Veritas Catholic School proudly presents a Golf Scramble followed by a silent auction at the Skeena Valley Golf and Country Club. The scramble starts at 2:00pm on Saturday May 30th and the cost is \$400 per team. Register your team via email: aroque@emcoltd.com. For more details please see the poster on bulletin board in the foyer.

Pro-Life News

The **Special Joint Committee on Medical Assistance in Dying**, known as **AMAD**, has been reconvened to continue its review of whether persons whose sole underlying medical condition is a mental illness should be eligible for MAiD.

At the same time, Bill C-218 remains at second reading in the House of Commons, with the next hour of debate tentatively scheduled for mid-April. In recent months, there has been continued strong public support around the country. Notably, the **Canadian Conference of Catholic Bishops** released a statement strongly supporting Bill C-218 and urging action to prevent MAiD for mental illness.

What You Can Do:

Please continue contacting your local Member of Parliament to ensure they support Bill C-218. Your advocacy and willingness to speak up have helped keep attention on the serious risks of expanding MAiD to cases where mental illness is the sole underlying medical condition.

Root Kids in a Relationship With God Vacation Bible School July 2026!



This summer from July 20th to the 24, step through the mist into Rainforest Falls, overflowing with wild waterfalls, towering trees, and colorful creatures. Beneath a canopy of chattering birds and howling monkeys, kids plunge into a lifelong adventure of discovering the nature of God. They'll explore what it means to be rooted in relationship with God, their creator, a safe place in life's storms. Please watch the bulletin for future registration details!



Veritas Job Openings:

1. Special Education Assistant. Part time, April to June 2026.
2. Grade 7/8/9 Teacher. Full Time, April to June 2026

For more information, please email Tamara Berg at tberg@cispg.ca

MASS TIMES April 20—April 26

- Monday 9:00am** † Carlos Cordeiro
- Tuesday 7:00pm** † Ines Garcia Soares
- Wednesday 9:00am** † Michael O'Brien
- Thursday 9:00am** † Manuel Barbosa
- Friday 9:00am** † Souls in Purgatory
- Saturday 9:00am** † Joe Caetano

Weekend Mass Times

- Saturday 7:00pm** † Doreen Sousa
- Sunday 9:00am** † Jorge deMedeiros
- Sunday 11:00am** Intentions for the Parish

Confession

Tuesday & Saturday 6:30pm
or by appointment.

Daily Readings

- | | |
|---|---|
| Monday, April 20
Acts 6:8-15
Psalm 119
John 6:22-29 | Thursday, April 23
Acts 8:26-40
Psalm 66
John 6:44-51 |
| Tuesday, April 21
Acts 7:51-8:1a
Psalm 31
John 6:30-35 | Friday, April 24
Acts 9:1-20
Psalm 117
John 6:52-59 |
| Wednesday, April 22
Acts 8:1b-8
Psalm 66
John 6:35-40 | Saturday, April 25
<i>St. Mark</i>
1 Peter 5:5b-14
Psalm 89
Mark 16:15-20 |

Sunday, April 26
4th Sunday of Easter
Acts 2:14a, 36b-41; Psalm 23, 1 Peter 2:20b-25
John 10:1-10

Prayer List



Arnie Appels
Phil Bialobzyski
Maria DeMelo
Raulino DeMelo
Gilda deSousa
John deSousa

Kyle de Sousa
Laura B. duBois
Fred Haines
Tamara Henryu
Joao Mendes
Dalton Stanvik
Susie Viveiros

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.
Thank you!

Receive the weekly Sunday Bulletin in your Inbox!



Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

Daily Rosary Times

Sun, Mon, Wed, Thurs, Fri, Sat., 8:30am
Tues, 6:30pm

Quote of the Week

May he make us children of God, he who for our sakes wished to become a child of men.

St. Augustine

E-Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday's Collection

General: 6,966.45
Holy Land: 75.00

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

