



May 17, 2026

## SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: [www.shpchurch.com](http://www.shpchurch.com)



Office Hours: Mon to Fri 9am - 4pm

Emergency no. after hours: 250-635-6628

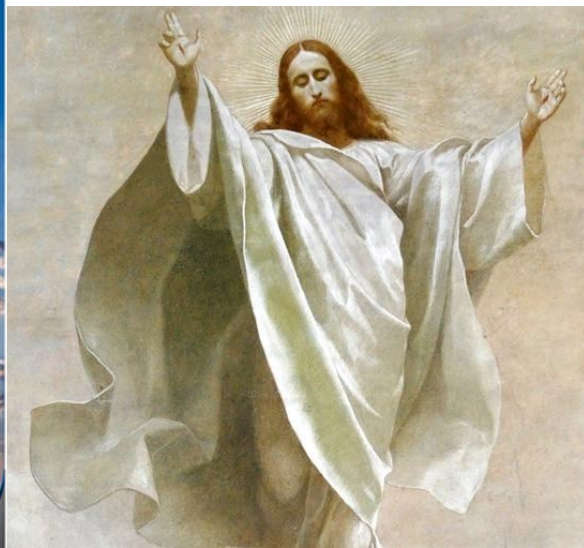
Secretary: Kimberly Webb [office@sacredheartnews.ca](mailto:office@sacredheartnews.ca)

Pastor: Fr. James J Dhiraviam, SAC

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### *Feast of the Ascension*



The Catholic Feast of the Ascension is not simply a historical remembrance. It holds deep theological significance. The feast day of the Ascension marks the exaltation of Christ and the completion of his earthly ministry. Jesus ascends not to abandon us, but to intercede for us at the right hand of God, and to make way for the promised Holy Spirit—the advocate or “Counselor”, (John 14:16, 26; 15:26)—on Pentecost.

Through his Ascension, Jesus affirms his divine authority and points to our ultimate destiny. Where he has gone, we hope to follow (John 14:1-3). When we ask, “Where is Jesus?” or “When does Jesus come back to earth?” we are expressing our longing for the Second Coming and the fulfillment of his promise to return and take us to heaven (Matt. 25:31-34, 46).

### *From Resurrection to Pentecost*

The Ascension links Easter and Pentecost. After he rose from the dead on Easter Sunday and just before he ascends into heaven, Jesus instructs his disciples to wait in Jerusalem (Luke 24:44-52; Acts 1:4-9). Ten days later, on the fiftieth day after Easter, the Holy Ghost descends on the feast of Pentecost, fulfilling Jesus’ promise. So, how many days after the resurrection is Pentecost? The answer: fifty, inclusive of Easter Sunday. The Ascension, then, is the turning point between the Resurrection and the Church’s manifestation “to the world” on Pentecost Sunday ([CCC 1076](#)).

*Ascension  
of the Lord*

- Taken from [Catholic Answers.com](http://CatholicAnswers.com)



## Thank you, Fr. Alvin

Fr. Alvin will be returning to Prince George after the Masses on Sunday, May 17th. Thank you to Fr. Alvin for his time and service during his stay with us. Fr. James will return to the parish on Tuesday, May 19th. Please keep the safe travels of both priests in your prayers.

## Pancake Breakfast Thank You!



Thank you for all of the wonderful support of the Pancake Breakfast on May 10th. Together we raised \$815.00 to go towards the upcoming Vacation Bible School. The funds will go towards making the bible school a memorable event for our young people!

## Root Kids in a Relationship With God Vacation Bible School July 2026!



This summer from July 20th to the 24, step through the mist into Rainforest Falls, overflowing with wild waterfalls, towering trees, and colorful creatures. Beneath a canopy of chattering birds and howling monkeys, kids plunge into a lifelong adventure of discovering the nature of God. They'll explore what it means to be rooted in relationship with God, their creator, a safe place in life's storms. Registration will open soon!

**Registration sheets are available on the bulletin board!** Please return completed forms to the parish office.



**We need your help!** We need adults to help lead stations and manage crews of children. Please call the parish office if you can help. The camp is Monday to Friday from 9:00am to 12:00pm (noon).

We are looking for donations of artificial house plants to help transform our Bible School in to a tropical rain forest! Donations may be dropped off at the office.

Pinned to the bulletin boards are envelopes of shapes to be cut out, if you would like to help please take an envelope and return the cut out shapes to the bulletin board once you are finished! Thank you!



### PARISH ACTIVITIES

**Pastoral Care:** Gorette Pires: 250-641-9468

**Prayer Line:** Linda: 635-4767 Holly 635-3894 Rene 635-5833

**NFP (Billings) Instructor:** Cathy Vandenberg 250-635-7397

**Pro-Life:** Don Coburn 250-635-5427

**Sacred Heart Guards of Honour:** Heather Kurisu: 250-641-4191

**CWL:** Rachel Cote 250-635-5983

**Knights of Columbus:** Gerald Caouette (250) 615-2773

**Finance Council:** Barry Dobbin: 250-922-5654

**Parish Council:** Manuela Krisinger: 250-638-7885

**Abba Prayer Group:** Mondays at 7:00pm in St. Luke's Room

### Diocesan Youth Conference

**May 15-17, 2026**

The DYC is this weekend! Please keep the participants and the leaders of the conference in your prayers. We also ask a special blessing for safe travels of the students and chaperones travelling back from Prince George.





## School Mass May 20, 2026

Everyone is welcome to the school Mass on Wednesday, May 20th at 9:00am. The theme of the Mass is Mary, the Mother of God. Please come and pray with the staff and students of Veritas!



## Grief to Grace

Grief to Grace is a program rooted in our Catholic faith. Designed to express the healing ministry of Jesus Christ, it is an integrated healing process of the body, mind, and spirit using the principles of trauma-informed care. It helps those who have endured abuse to find healing for neglect, abandonment, physical, emotional, sexual, clerical, and spiritual abuse, whether in childhood, adolescence, or as an adult. The next retreat in Canada is September 22 - 27, 2026 in Kelowna. For more information please email [griegtogracekelowna@gmail.com](mailto:griegtogracekelowna@gmail.com) or make a confidential call to 250-808-6403. The deadline for the intake process is June 15.

## This Week on Formed



Based on the memoirs of the oldest seer, Lucia Santos, and many thousands of independent eye-witness accounts, *The 13th Day* dramatizes the true story of three young shepherds who experienced six apparitions of Our Lady between May and October 1917, which culminated in the final prophesied Miracle of the Sun on October 13. Don't have a Formed account? Sign up with our parish account at [formed.org](http://formed.org)

## Bill C-218—Right to Recover Act

Some weeks ago a petition was signed in the parish regarding Bill C-218, known as the Right to Recover Act and submitted to our MP's office. The Right to Recover Act would permanently stop the planned 2027 expansion of Medical Assistance in Dying (MAiD) for mental illness alone. The office of MP Ellis Ross, acknowledged that they had presented two petitions this year in the House of Commons that had been signed by many across Skeena-Bulkley Valley opposing the expansion of MAiD to those suffering from mental illness. Please keep up the good fight for the protection of all life, from conception to natural death!

## Pope's Pastoral works May 17, 2026



The special collection for the Pope's Pastoral Works plays a crucial role in supporting the Holy Father's charitable endeavours. This collection serves to gather financial resources that directly aid humanitarian efforts, such as disaster relief, education, and healthcare initiatives. The special collection for the Pope's Pastoral Works empowers individuals to join the Pope's mission of bringing hope and healing to the vulnerable. Together, we inspire positive change and make a tangible difference in the lives of those in need.

For those without envelopes please mark a blank envelope with your name and address and the words "Pope's Pastoral Works".

## Deep-Diving into the Power of Grace

### *Christ the King Parish, Kitimat*



Every Wednesday from April 22, 2026 to May 20, 2026, Fr. Dominic Apaatah will be presenting on the role of the Holy Spirit in our lives. It will take place at Christ the King in Kitimat from 6:30 PM to 7:30 PM.

Please see the poster on the bulletin board in the foyer.

## MASS TIMES May 18—May 24

**Monday**

No Mass

**Tuesday 7:00pm**

✠ Betty & Charlie House

**Wednesday 9:00am  
School Mass**

✠ Jorge deMedeiros

**Thursday 9:00am**

✠ Betty-Ann Teichrib & Family

**Friday 9:00am**

✠ Rosa Ampana

**Saturday 9:00am**

✠ Gordon Ramsay

## Weekend Mass Times

**Saturday 7:00pm**

✠ Doreen Sousa

**Sunday 9:00am**

✠ Jose Ventura

**Sunday 11:00am**

Intentions for the Parish

## Confession

Tuesday & Saturday 6:30pm  
or by appointment.

## Daily Readings

Monday, May 18  
Acts 19:1-8  
Psalm 68  
John 16:29-33

Thursday, May 21  
Acts 22:30;23:6-11  
Psalm 16  
John 17:20-26

Tuesday, May 19  
Acts 20:17-27  
Psalm 68  
John 17:1-11a

Friday, May 22  
Acts 24:27;25:13b-21  
Psalm 103  
John 21:15-19

Wednesday, May 20  
Acts 20:28-38  
Psalm 68  
John 17:11b-19

Saturday, May 23  
Acts 28:16-20,30-31  
Psalm 11  
John 21:20-25

**Sunday, May 24  
Pentecost Sunday  
Acts 2:1-11, Psalm 104, 1 Cor. 12:3b-7, 12-13  
John 20:19-23**

## Prayer List



Phil Bialobzyski  
Maria DeMelo  
Raulino DeMelo  
John deSousa  
Kyle de Sousa

Laura B. duBois  
Fred Haines  
Tamara Henry  
Joao Mendes  
Dalton Stanvik  
Susie Viveiros

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.  
Thank you!

## Receive the weekly Sunday Bulletin in your Inbox!



Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

## Daily Rosary Times

Sun, Mon, Wed, Thurs, Fri, Sat., 8:30am  
Tues, 6:30pm

## Quote of the Week

*What we ourselves cannot bear, let us bear with the help of Christ.*

-St. Boniface

## E-Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

\*\* Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

## Last Sunday's Collection

General: 6,581.00  
Pope's Pastoral Works: 125.00

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

