



August 27, 2023

# SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



21st Sunday in Ordinary Time

Office Hours: Mon to Fri 9am - 12pm Emergency no. after hours: 250-635-6628

Secretary: Kimberly Webb office@sacredheartnews.ca Pastor: Fr. James J Dhiraviam, SAC

Parish Assistant: Gorette Pires gorette14@hotmail.com frjames@sacredheartnews.ca

## First Friday Eucharistic Adoration September 1st 9:30am to Noon



All are encouraged to adore the Lord in the Blessed Sacrament on Friday, September 1st. We will begin with Holy Mass at 9:00am and Eucharistic Adoration will follow until closing at noon.

The prayer box for your intentions will be made available in the foyer this week.

### Why Make a Holy Hour? By Venerable Fulton Sheen



1. It is time spent in the presence of Our Lord Himself. If faith is alive, no further reason is needed...
2. In our busy lives, it takes considerable time to shake off the "noonday devils", the worldly cares, that cling to our souls like dust...
3. Our Lord asked for it. "Had you no strength, then, to watch with me even for an hour?"...
4. The Holy Hour keeps a balance between the spiritual and the practical...
5. The Holy Hour will make us practice what we preach...
6. The Holy Hour helps us make reparation for the sins of the world and for our own sins. When the Sacred Heart appeared to St. Margaret Mary, it was His Heart, and not His head, that was crowned with thorns. It was Love that was hurt.
7. It reduces our liability to temptation and weakness. Presenting ourselves before Our Lord in the Blessed Sacrament is like putting a patient in good air and sunlight. The virus of our sins cannot long exist in the face of the Light of the world...
8. The Holy Hour is a personal prayer...
9. Meditation keeps us from seeking an external escape from our worries and miseries...
10. Finally, the Holy Hour is necessary for the Church... To abide with Christ is spiritual fellowship, as He insisted on the solemn and sacred night of the Last Supper, the moment He chose to give us the Eucharist: "Abide in Me, and I in you." (John 15:4)

*"...You are Peter, and on this rock I will build my Church, and the gates of Hades will not prevail against it."*

*-Matthew 16:18*

### Pro Life Meeting



Thursday, Aug. 31st at 7:00pm in St. Matthew's Room. All are welcome!

## MASS TIMES August 28—September 3

<b>Monday</b>	<b>9:00am</b>	✠ Joe Moniz
<b>Tuesday</b>	<b>7:00pm</b>	✠ Francelina Araujo
<b>Wednesday</b>	<b>9:00am</b>	✠ Deceased members of the Pelletier Family
<b>Thursday</b>	<b>9:00am</b>	✠ Betty House
<b>Friday</b>	<b>9:00am</b>	✠ Bernadette Lucier
<b>Saturday</b>	<b>9:00am</b>	Heslenfeld Family

## Weekend Mass Times

<b>Saturday</b>	<b>7:00pm</b>	✠ Joe da Silva
<b>Sunday</b>	<b>9:00am</b>	✠ Jose Ventura
<b>Sunday</b>	<b>11:00am</b>	Intentions of the parish

## Confession

Tuesday & Saturday at 6:30pm,  
or by appointment any day.

## Daily Readings

Monday, August 28 <i>St. Augustine</i> 1 <i>Thess.</i> 1:1-5,8b-10 Psalm 149 Matthew 23:13-22	Thursday, August 31 1 Thessalonians 3:7-13 Psalm 90 Matthew 24:42-51
Tuesday, August 29 <i>Passion of St. John the Bapt.</i> Jeremiah 1:17-19 Psalm 71 Mark 6:17-29	Friday, September 1 1 Thessalonians 4:1-8 Psalm 97 Matthew 25:1-13
Wednesday, August 30 1 Thessalonians 2:9-13 Psalm 139 Matthew 23:27-32	Saturday, September 2 1 Thessalonians 4:9-11 Psalm 98 Matthew 25:14-30

**Sunday, September 3**  
**21st Sunday in Ordinary Time**  
**Jeremiah 20:7-9, Psalm 63, Romans 12:1-2**  
**Matthew 16:21-27**

## Contacts

**Prayer Line:** Linda: 635-4767 Holly 635-3894 Rene 635-5833

**NFP (Billings) Instructor:** Cathy Vandenberg 250-635-7397

**Pro-Life:** Don Coburn 250-635-5427

**CWL:** Rachel Cote 250-635-5983

**Knights of Columbus:** Paul Van der Meer 250-615-1196

**Finance Council:** Barry Dobbin: 250-922-5654

## Prayer List

Fern Amyotte  
Grethe Brorup  
Laura D. duBois  
Charlene Henryu

Adele Johnson  
John Klukas  
Charles Kofoed  
Pat Zaporzan



To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.  
Thank you!

## Quote of the Week

*There is plentiful multitude of words, but there is no profit from random and foolish talking.*

- St. Gregory of Neocaesarea

## Rosary

Sun, Mon, Wed, Thurs, Fri. & Sat at 8:30am

Tues 8:30am Aug 22

## E-Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

\*\* Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

## Last Sunday's Collection

General \$ 4,349.80

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

