



Feb 22, 2026

SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



Office Hours: Mon to Fri 9am - 4pm

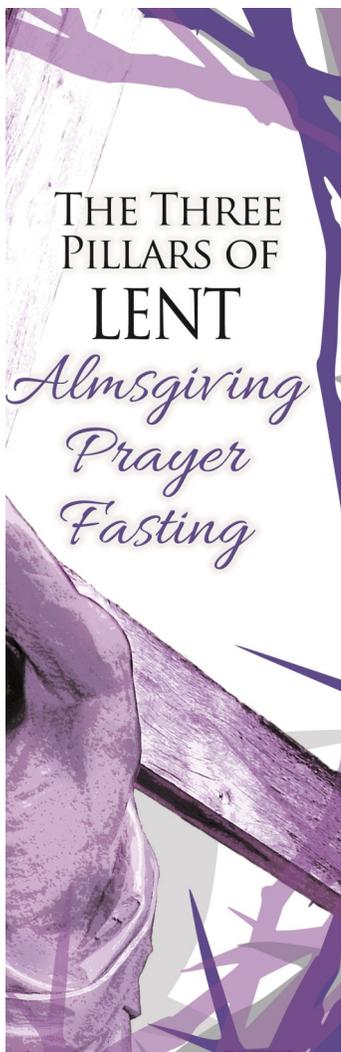
Emergency no. after hours: 250-635-6628

Secretary: Kimberly Webb office@sacredheartnews.ca

Pastor: Fr. James J Dhiraviam, SAC

Parish Assistant: Gorette Pires gorette14@hotmail.com

frjames@sacredheartnews.ca



First
Sunday
of Lent

Sign-up Sunday

This weekend is Sign-up Sunday, an opportunity for parishioners to prayerfully consider where they could volunteer within the parish. A member of parish council will hand you a volunteer sheet today after Mass for you to take home and fill in. Please return your sheet to the parish next week.

There are many areas to serve!



- ◆ Extra-Ordinary Ministers of Communion
 - ◆ Readers (Lectors)
 - ◆ Volunteers for Vacation Bible School
 - ◆ Laptop Operator
 - ◆ Flower Ministry
- ◆ Weekday Altar Server
 - ◆ Sacristans
- ◆ Pancake Breakfasts

David the Movie—This Sunday!



Free
Popcorn
available!

“David, the Movie”

Sunday, Feb 22, 2026

3:00pm-5:00pm Rated PG.

at the Church Hall

Everyone is welcome to this Family Event

No Admission Fee

David tells the story of a young Israelite shepherd, poet and warrior who is predestined to become the new King of Israel. He embarks on a journey from beyond the shadow of an evil Philistine giant named Goliath to prove to his people that true power lies not in a kingship but in faith and freedom.

It is time to learn as a family about “David the King”



Catholic Women's League

A special CWL Meeting will take place on Monday, February 23rd in St. Matthew's Room at 1:00pm. The purpose of the meeting is to vote on motions.

Pro Life Garage Sale: March 27 & 28



The Annual Pro-Life Garage Sale will take place on March 27th & 28th in the Veritas School Gym. We are especially looking for donations of household and outdoor items, but please no clothing! Items may be dropped off at the gym on Thursday, March

26th after 1:00pm.

For pick-up of items or any questions please call Don at 250-635-5427.

Diocesan Youth Conference

May 15-17, 2026

Registration for DYC participants is now open!

Visit <https://www.pgdiocese.bc.ca/diocesan-youth-conference/> to register

DYC 2026
Diocesan Youth Conference

TOTUS TUUS

MAY 15 - 17

Sacred Heart Cathedral
Prince George

For Grades 7 - 12

Early Bird Fee: \$75
Regular: \$100
Early Bird Ends March 16

Scan for Registration!

Special Guests
Grace and Donny McGeragle
The Benedictines of Westminster Abbey
Music Ministry: CFC Youth

Register at: <https://www.pgdiocese.bc.ca/diocesan-youth-conference/>
For more info email dyc@pgdiocese.ca

PARISH ACTIVITIES

Pastoral Care: Gorette Pires: 250-641-9468

Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833

NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397

Pro-Life: Don Coburn 250-635-5427

Sacred Heart Guards of Honour: Heather Kurisu: 250-641-4191

CWL: Rachel Cote 250-635-5983

Knights of Columbus: Gerald Caouette (250) 615-2773

Finance Council: Barry Dobbin: 250-922-5654

Parish Council: Manuela Krisinger: 250-638-7885

Abba Prayer Group: Mondays at 7:00pm in St. Luke's Room

Pancake Breakfast—Feb 15



Thank you to everyone who supported the pancake breakfast last Sunday. Together, we raised \$624.40; this money is greatly appreciated by our local families in need of some financial support. God bless you!

Fridays in Lent:

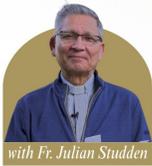


Holy Mass on Fridays in Lent **will be celebrated at 6:30pm.**

Confessions will be heard from 6:00pm—6:30pm and the rosary will be prayed at 6:00pm.

The Stations of the Cross will be prayed on Fridays at 7:00pm (following the Mass). Please sign up in the foyer if you are able to lead the Stations of the Cross.

Lenten Parish Mission March 9-11, 2026



with Fr. Julian Studden

Our Lenten Mission will take place from March 9th-11th with Fr. Julian Studden from Calgary as our speaker. Each evening will begin with the Rosary at 6:00pm followed by Holy Mass at 6:30pm and the mission preaching. Please save these dates so that you may benefit from this opportunity to enter more deeply into Lent and experience the Lord's love and healing. See the poster in the foyer for more details on the mission.

Pallottine Mission Appeal Weekend

February 22, 2026



This weekend is Mission Co-operation Sunday or Pallottine Mission Appeal Sunday. The Mission Appeal is for the Pallottine Religious Order, to which Fr. James belongs. A Mission Appeal for the Pallottines typically aims to:

- ◆ Support missionary work in underserved communities worldwide, in particular in India, including education, healthcare, and pastoral care.
- ◆ Fund formation programs for seminarians and lay collaborators who will continue the mission.
- ◆ Provide humanitarian aid in areas affected by poverty, conflict, or natural disasters.

On February 21/22, the donations collected will go to India for Mission Work. For those who did not receive a donation envelope with their tax receipts, there are some available in the foyer. Donations may also be sent via e-transfer to shpaccounting@sacredheartnews.ca Please indicate "Pallottine Collection" in the comment section of your e-transfer.

Thank you for the partnership and collaboration in support of Pallottine Missions. Let us become the hands, feet, mouth and tongue of Jesus for the people who are less fortunate and lack the basic requirements for decent living by extending our financial and support and offering our prayers. Thank you!



Rachel's Vineyard – Serving the North

www.rachelsvineyardpg.ca

SPRING WEEKEND RETREAT in Prince George FOR 2026: May 22 – 24

Registrations now being accepted.

A confidential, therapeutic weekend retreat for anyone impacted by an abortion experience. For further information on this Healing Ministry, please refer to our website.

Confidentiality Assured.

MASS TIMES Feb 23—March 1

Monday 9:00am † Anna & Manuel Ferreira

Tuesday 7:00pm † Carlos Cordeiro

Wednesday 9:00am † Kay Barnes

Thursday 9:00am † Doreen Sousa

Friday 6:30pm † Chloe Chemko

Saturday 9:00am † Camille & Therese Bruneau

Weekend Mass Times

Saturday 7:00pm † Pauline Moldenhauer

Sunday 9:00am † Yvonne Wiebe

Sunday 11:00am Intentions for the Parish

Confession

Tuesday & Saturday 6:30pm, Friday 6:00pm
or by appointment.

Daily Readings

Monday, February 23
Leviticus 19:1-2
Psalm 19
Matthew 25:31-46

Thursday, February 26
Esther 14:1,3-5,12-14
Psalm 138
Matthew 7:7-12

Tuesday, February 24
Isaiah 55:10-11
Psalm 34
Matthew 6:7-15

Friday, February 27
Ezekiel 18:21-28
Psalm 130
Matthew 5:20-26

Wednesday, February 25
Jonah 3:1-10
Psalm 51
Luke 11:29-32

Saturday, February 28
Deuteronomy 26:26-19
Psalm 119
Matthew 5:43-48

Sunday, March 1
2nd Sunday of Lent
Genesis 12:1-4; Psalm 33, 2 Timothy 1:8b-10
Matthew 17:1-9

Prayer List



Arnie Appels
Phil Bialobzyski
Maria DeMelo
Raulino DeMelo
Gilda deSousa
John deSousa

Laura B. duBois
Fred Haines
Tamara Henryu
Joao Mendes
Dalton Stanvik
Susie Viveiros

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.
Thank you!



Receive the weekly Sunday Bulletin in your Inbox!

Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

Daily Rosary Times

Sun, Mon, Wed., Thurs., Fri, Sat., 8:30am
Tues, 6:30pm

Quote of the Week

From today onwards, I am going to strive for the greatest purity of soul, that the rays of God's grace may be reflected in all their brilliance.

- St. Faustina

E -Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday's Collection

General: \$ 4,696.80
Catholic Missions in Canada:
100.00

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

