



SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



Sunday Bulletin

March 15, 2026

Office Hours: Mon to Fri 9am - 4pm

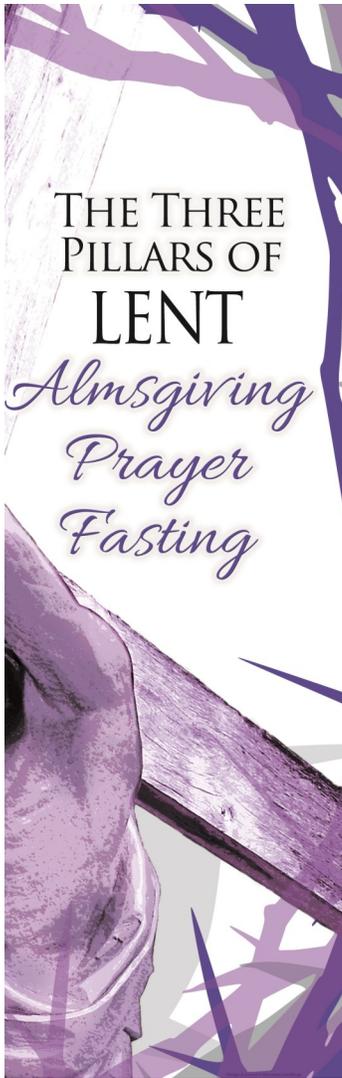
Emergency no. after hours: 250-635-6628

Secretary: Kimberly Webb office@sacredheartnews.ca

Pastor: Fr. James J Dhiraviam, SAC

Parish Assistant: Gorette Pires gorette14@hotmail.com

frjames@sacredheartnews.ca



Parish Lenten Reconciliation Service



Thursday, March 19, 6:00pm

Please take this opportunity to make a good confession this Lent.



We Need to Allow Jesus to Heal Our Spiritual Blindness

Physiologically, the “blind-spot” is the part of our eye where vision is not experienced. It is the spot where the optic nerve enters the eyeball. A blind spot in a vehicle is an area around the vehicle that cannot be directly observed by the driver. In real life, we all have blind-spots -- in our marriages, our parenting, our work habits, and our personalities. We often wish to remain in the dark, preferring darkness to light. It is even possible for the religious people in our day to be like the Pharisees: religious in worship, in frequenting the Sacraments, in prayer-life, in tithing, and in knowledge of the Bible – but blind to the poverty, injustice and pain around them. Let us remember, however, that Jesus wants to heal our blind spots. We need to ask Jesus to remove from us the root causes of our blindness, namely, self-centeredness, greed, anger, hatred, prejudice, jealousy, addiction to evil habits and hardness of heart. Let us pray with the 13th century Bishop of and saint Richard of Chichester: “Day by day, dear Lord, of thee three things I pray: To see thee more clearly, love thee more dearly, follow thee more nearly, day by day,”

Fourth
Sunday
of Lent



Journey through Lent 2026

Videos for the CCCB's "Journey through Lent" 2026 series is available on the CCCB website. These videos feature a reflection by Bishop Miehm on the woman at the well's encounter with Jesus. The full video series can be found here: www.cccb.ca



Chrism Mass - March 26

All are welcome to attend the Chrism Mass in Prince George on Thursday, March 26 at 7:00pm. During this Mass the three Holy Oils are blessed, that is the Oil of the Sick, the Oil of Chrism and the Oil of Catechumens. All the priests of the Diocese will also Renew their Priestly Promises during this liturgy.



World Youth Day 2027 – Seoul, South Korea

The Diocese of Prince George is looking to gauge interest in attending World Youth Day among young adults in the diocese who are 19 to 35. If you are interested in attending, please contact Jacinta Meir at jmeir@pgdiocese.ca before April 10, 2026.

Pro Life Garage Sale: March 27 & 28



The Annual Pro-Life Garage Sale will take place on March 27th & 28th in the Veritas School Gym. We are especially looking for donations of household and outdoor items, but please no clothing! Items may be dropped off at the gym on Thursday, March

26th after 1:00pm.

For pick-up of items or any questions please call Don at 250-635-5427.

Diocesan Youth Conference

May 15-17, 2026

Visit <https://www.pgdiocese.bc.ca/diocesan-youth-conference/> to register for the DYC!

Sacred Heart Parish will provide free transportation to Prince George for 15 students. Please contact the parish office for more details.

DYC 2026
Diocesan Youth Conference

TOTUS TUUS

MAY 15 - 17

Sacred Heart Cathedral
Prince George

For Grades 7 - 12

Early Bird Fee: \$75
Regular: \$100
Early Bird Ends March 16

Scan for Registration!

Special Guests
Grace and Donny McGeragle
The Benedictines of Westminster Abbey
Music Ministry: CFC Youth

Register at: <https://www.pgdiocese.bc.ca/diocesan-youth-conference/>
For more info email dyc@pgdiocese.ca

PARISH ACTIVITIES

Pastoral Care: Gorette Pires: 250-641-9468

Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833

NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397

Pro-Life: Don Coburn 250-635-5427

Sacred Heart Guards of Honour: Heather Kurisu: 250-641-4191

CWL: Rachel Cote 250-635-5983

Knights of Columbus: Gerald Caouette (250) 615-2773

Finance Council: Barry Dobbin: 250-922-5654

Parish Council: Manuela Krisinger: 250-638-7885

Abba Prayer Group: Mondays at 7:00pm in St. Luke's Room

Fridays in Lent



Holy Mass on Friday, March 6th will be celebrated at 6:30pm.

Confessions will be heard from 6:00pm—6:30pm and the rosary will be prayed at 6:00pm.

The Stations of the Cross will be prayed on Fridays at 7:00pm (following the Mass). Please sign up in the foyer if you are able to lead the Stations of the Cross.

Pancake Breakfast—Thank you!



Thank you to everyone who supported the Pancake Breakfast last Sunday. Through your generosity, \$480.42 was donated to the Grade 9 Year End Trip. The students of Veritas are most grateful!

Share Lent Collection March 22, 2026



“This Solidarity Sunday, Development and Peace — Caritas Canada’s On Track for Justice campaign invites you to give generously and thanks you warmly for your generosity.

Your donation transforms the lives of some of our most vulnerable sisters and brothers across the world. Learn more about the campaign at devp.org/lent. The special collection will take place on Sunday, March 22nd. Donations may be made via envelope or e-transfer to shpaccounting@sacredheartnews.ca.

Singles for Life Christian Life Program

The Singles for Christ Christian Life Program (CLP) is an entry point into the life of the community. Through a series of talks, group discussions, and fellowship, participants are introduced to a personal relationship with Jesus, the power of the Holy Spirit, and the call to live a life of faith in community. Open to **all single men and women ages 18-40**, this is an invitation to encounter God’s love and experience His transforming grace. Join us from the **evening of April 10 to April 12, 2026 at the Doman Centre in Prince George.**

For any questions or inquiries, please email cfcinglespg@gmail.com. Or visit the pgdiocese.bc.ca to register.

Bishop Thomas J. Lobsinger, OMI, Memorial Bursary Programs



Graduating students who will be attending a post-secondary institution in the fall are eligible to apply for the 2026 Knights of Columbus Bishop Thomas J. Lobsinger, OMI, memorial bursary.

A request for an application package must be made no later than June 1, 2026 and applications must be submitted by June 30, 2026. Any interested and qualified student must write to the State Bursary Chairman, at the following address, to request a bursary application form: Jim Williams State Bursary Chairman, 2195 Neptune Road North Saanich, BC, V8L 5J4 Or E-mail: jimw.kofc@gmail.com

Catholic Independent Schools Employment Opportunities

Our 8 vibrant Catholic Schools in the communities of Dawson Creek, Prince George, Smithers, Terrace, Kitimat and Prince Rupert enrol 1621 students. Our enrolment is growing and we have full-time teaching vacancies. Do you know of a Catholic Teacher who may consider applying to work with us? Veritas has two immediate job openings:

1. Special Education Assistant. Part time, April to June 2026.
2. Grade 7/8/9 Teacher. Full Time, April to June 2026

For more information, please email Tamara Berg at tberg@cispg.ca

Abba Prayer Group



There will be no Abba Prayer Group on Monday, March 16th.

Appeal Donation Receipts



The 2025 Diocesan Appeal receipts are available for pick up in the foyer. Thank you for your support!

MASS TIMES March 16—March 22

Monday

No Mass

Tuesday 7:00pm † Doreen Sousa

Wednesday 9:00am † Maximino daSilva

Thursday 9:00am † Stella Calleja

Friday 6:30pm † Daniel Bruneau

Saturday 9:00am † Fred Philpot

Weekend Mass Times

Saturday 7:00pm † Ernestina Teixeira

Sunday 9:00am † Betty & Mary House

Sunday 11:00am Intentions for the Parish

Confession

Saturday 6:30pm, Friday 6:00pm
or by appointment.

Daily Readings

Monday, March 16 Isaiah 65:17-21 Psalm 30 John 4:43-54	Thursday, March 19 <i>St. Joseph</i> 2 Samuel 7:4-5a,12-14a, 16 Psalm 95 Romans 4:13,16-18,22 Matthew 1:16, 18-21,24a
Tuesday, March 17 Ezekiel 47:1-9,12 Psalm 46 John 5:1-16	Friday, March 20 Wisdom 2:1a, 12-22 Psalm 34 John 7:1-2,10,25-30
Wednesday, March 18 Isaiah 49:8-15 Psalm 145 John 5:16-30	Saturday, March 21 Jeremiah 11:18-20 Psalm 7 John 7:40-53

Sunday, March 22
5th Sunday of Lent
Ezekiel 37:12-14;Psalm 130, Romans 8:8-11
John 11:1-45

Prayer List



Arnie Appels
Phil Bialobzyski
Maria DeMelo
Raulino DeMelo
Gilda deSousa
John deSousa

Laura B. duBois
Fred Haines
Tamara Henryu
Joao Mendes
Dalton Stanvik
Susie Viveiros

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.
Thank you!

Receive the weekly Sunday Bulletin in your Inbox!



Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

Daily Rosary Times

Sun, Mon, Wed, Thurs., Sat., 8:30am
Tues, 6:30pm Fri., 6:00pm

Quote of the Week

Be submissive to good, unbending to evil, gentle in generosity, untiring in love, just in all things.

St. Columbanus

E-Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday's Collection

General: \$5,856
Pallottines: \$270.00

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

