



SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



Sunday Bulletin

March 22, 2026

Office Hours: Mon to Fri 9am - 4pm

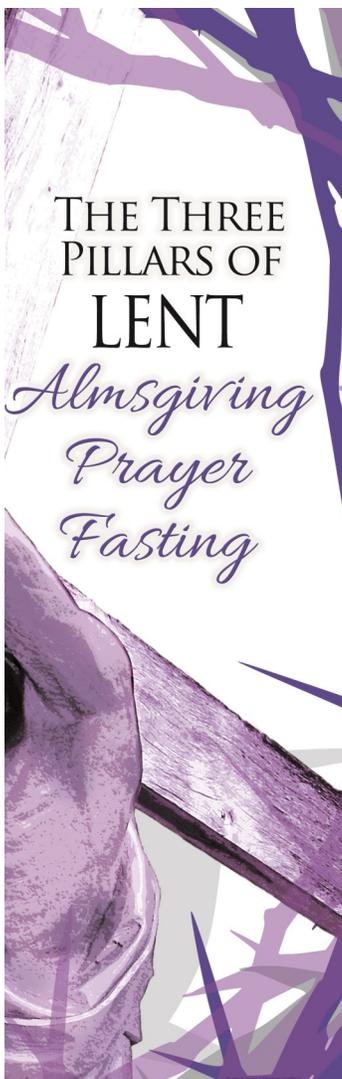
Emergency no. after hours: 250-635-6628

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frjames@sacredheartnews.ca



Fifth
Sunday
of Lent

The Fifth Sunday of Lent

Why do we cover Crucifixes and other images during the final week of Lent?



The last two weeks in the season of Lent are called Passiontide which begins on the Fifth Sunday of Lent. This is when the Church shifts her focus from Christ in the desert (the Gospel for the First Sunday of Lent) to Christ during His Passion.

During this period of Passiontide, the crucifix and other statues and images around the church have been veiled with a purple cloth.

While it may appear counterintuitive to veil statues and images during the final weeks of Lent, the Catholic Church recommends this practice to heighten our senses and build within us a longing for Easter Sunday. It is a tradition that should not only be carried out in our local parish, but can also be a fruitful activity for the “domestic church” to practice.

The rubrics can guide us. In the Roman Missal we find the instruction, “... the practice of covering crosses and images throughout the church from [the fifth] Sunday [of Lent] may be observed. Crosses remain covered until the end of the Celebration of the Lord’s Passion on Good Friday, but images remain covered until the beginning of the Easter Vigil.”

Families are also encouraged to imitate this practice and veil prominent religious images in their homes. It helps us to participate in the liturgical season, especially if we are prevented from going to Mass during the week. Otherwise we only see the veiled images in church once or twice before Easter and it has a minor effect on us. It is also a beautiful tradition to pass down to our children, who will be intrigued by it and it will make this time of year truly special for them.



Friday, March 27th

There will be no Mass on Friday, March 27th. The Rosary will be prayed at 6:30pm and The Stations of the cross will be prayed at 7:00pm.



Veritas Job Openings:

Veritas has two immediate job openings:

1. Special Education Assistant. Part time, April to June 2026.
2. Grade 7/8/9 Teacher. Full Time, April to June 2026

For more information, please email Tamara Berg at tberg@cispg.ca

World Youth Day 2027 – Seoul, South Korea



The Diocese of Prince George is looking to gauge interest in attending World Youth Day among young adults in the diocese who are 19 to 35. If you are interested in attending, please contact Jacinta Meir at jmeir@pgdiocese.ca before April 10, 2026.

Pro Life Garage Sale: March 27 & 28



The Annual Pro-Life Garage Sale will take place on March 27th & 28th in the Veritas School Gym. We are especially looking for donations of household and outdoor items, but please no clothing! Items may be dropped off at the gym on Thursday, March 26th after 1:00pm. For pick-up of items or any questions please call Don at 250-635-5427.

The Garage Sale will take place in the Veritas Gym on:
Friday, March 27 from 9am -5pm
Saturday, March 28 from 9am-1 pm

PARISH ACTIVITIES

Pastoral Care: Gorette Pires: 250-641-9468

Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833

NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397

Pro-Life: Don Coburn 250-635-5427

Sacred Heart Guards of Honour: Heather Kurisu: 250-641-4191

CWL: Rachel Cote 250-635-5983

Knights of Columbus: Gerald Caouette (250) 615-2773

Finance Council: Barry Dobbin: 250-922-5654

Parish Council: Manuela Krisinger: 250-638-7885

Abba Prayer Group: Mondays at 7:00pm in St. Luke's Room

Diocesan Youth Conference

May 15-17, 2026

Visit <https://www.pgdiocese.bc.ca/diocesan-youth-conference/> to register for the DYC!

There are two more free spots on the bus to Prince George! Please contact the parish office for more details.

DYC 2026
Diocesan Youth Conference

TOTUS TUUS

MAY 15 - 17

Sacred Heart Cathedral
Prince George

For Grades 7 - 12

Early Bird Fee: \$75
Regular: \$100
Early Bird Ends March 16

Scan for Registration!

Special Guests
Grace and Donny McGeragle
The Benedictines of Westminster Abbey
Music Ministry: CFC Youth

Register at: <https://www.pgdiocese.bc.ca/diocesan-youth-conference/>
For more info email dyc@pgdiocese.ca

Holy Week



Holy Week Schedule

Passion (Palm) Sunday: Saturday, March 28 at 7:00pm and Sunday March 29 at 9:00am & 11:00am

Holy Thursday: April 2 at 7:00pm
Altar of Repose until 10:00pm

Good Friday: April 3 at 3:00pm.
Outdoor Stations of the Cross at 10:00am

Holy Saturday: April 4
Blessing of Easter Food: 10:00am

Easter Vigil: April 4 at 9:00pm

Easter Sunday: April 5 at 9:00am & 11:00am

Holy Week Help Needed



We are looking for help to prepare the church for our Good Friday service and for the Easter Masses. Good Friday set up will begin around 11:00am on Friday, April 3rd. Saturday, April 4th, help is needed in the morning at 10:30am to set up for the Easter Liturgies and again on Saturday for a general clean up at 3:00pm. If volunteers can come at any of these times and lend a hand, it would be greatly appreciated!



Share Lent Collection March 22, 2026

“This Solidarity Sunday, Development and Peace — Caritas Canada’s On Track for Justice campaign invites you to give generously and thanks you warmly for your generosity. **Your donation transforms the lives of some of our most vulnerable sisters and brothers across the world.** Learn more about the campaign at devp.org/lent. Donations may be made via envelope or e-transfer to shpacounting@sacredheartnews.ca. Be sure to include your full name and address if using a blank envelope.

Singles for Life Christian Life Program

The Singles for Christ Christian Life Program (CLP) is a call to live a life of faith in community. Open to **all single men and women ages 18-40**, this is an invitation to encounter God’s love and experience His transforming grace. Join us from the **evening of April 10 to April 12, 2026 at the Domano Centre in Prince George**. For any questions or inquiries, please email cfcinglespg@gmail.com. Or visit the pgdiocese.bc.ca to register.



Bishop Thomas J. Lobsinger, OMI, Memorial Bursary Programs

Graduating students who will be attending a post-secondary institution in the fall are eligible to apply for the 2026 Knights of Columbus Bishop Thomas J. Lobsinger, OMI, memorial bursary.

A request for an application package must be made no later than June 1, 2026 and applications must be submitted by June 30, 2026. Any interested and qualified student must write to the State Bursary Chairman, at the following address, to request a bursary application form: Jim Williams State Bursary Chairman, 2195 Neptune Road North Saanich, BC, V8L 5J4 Or E-mail: jimw.kofc@gmail.com



RACHEL'S VINEYARD SPRING RETREAT MAY 22- 24, 2026

If you have been impacted by an abortion experience we invite you to come to our Weekend Retreat in Prince George. For more information see our website www.rachelsvineyardpg.ca
email Adele: rachelsvineyardpg@proton.me call/text 778-675-0152 **Confidentiality Assured**

MASS TIMES March 23—March 29

Monday ✠ Eduarda Soares

Tuesday No Mass from Tuesday to Friday.

Wednesday

Thursday

Friday

Saturday 9:00am ✠ Guilherme deMedeiros

Weekend Mass Times

Saturday 7:00pm ✠ Harold Mueller

Sunday 9:00am ✠ Lynn Leblanc

Sunday 11:00am Intentions for the Parish

Confession

Saturday 6:30pm
or by appointment.

Daily Readings

Monday, March 23 Dan. 13:1-9,15-17,19-30,33-64 Psalm 23 John 8:1-11	Thursday, March 26 Genesis 17:3-9 Psalm 105 John 8:51-59
Tuesday, March 24 Numbers 21:4-9 Psalm 102 John 8:21-30	Friday, March 27 Jeremiah 20:7, 10-13 Psalm 18 John 10:31-42
Wednesday, March 25 <i>Solemnity of the Annunciation</i> Isaiah 7:10-14;8:10d Psalm 40 Hebrews 10:4-10 Luke 1:26-38	Saturday, March 28 Ezekiel 37:21-28 Jeremiah 31 John 11:45-56

Sunday, March 29
Passion (Palm) Sunday
Isaiah 50:4-7;Psalm 22, Philippians 2:6-11
Matthew 26:14-27:66

Prayer List 	Arnie Appels Phil Bialobzyski Maria DeMelo Raulino DeMelo Gilda deSousa John deSousa	Laura B. duBois Fred Haines Tamara Henryu Joao Mendes Dalton Stanvik Susie Viveiros
	To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list. Thank you!	

Receive the weekly Sunday Bulletin in your Inbox!



Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

Daily Rosary Times March 23-29

Sun, Mon, Tues, Wed, Thurs., Sat., 8:30am
Fri., 6:30pm

Quote of the Week

Sin arises simply from loving what God hates and hating what God loves.

-St. Catherine of Siena

E -Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday's Collection

General: 6,038.35
Share Lent: 215.00

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

