SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Web: www.shpchurch.com



Sunday Bulletin

November 15
2026

Office Hours: Mon to Fri 9am - 4:00pm
Secretary: Kimberly Webb office@sacredheartnews.ca
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Emergency no. after hours: 250-635-6628
Pastor: Fr. Jack Michalchuk
jmichalchuk@pgdiocese.ca

33rd Sunday



in Ordinary Time

Well done good and trustworthy slave; you have been trustworthy in a few things, I will put you in charge of many things; enter the joy of your master.

Matthew 25:21



Catholic Prayer 101

Advent Retreat with Fr. Jack
November 27 & 28

All are welcome to join us Friday evening, November 27 at 6:30pm and Saturday morning November 28 from 9:30am - 1:00pm for an Advent Retreat, led by Fr. Jack. The retreat is open to everyone and will conclude with a lunch in St. Matthew's room. Please bring a plate to share for lunch.

We will explore the foundations of Catholic Prayer and workshop three different complimentary spiritualities. Participants are asked to bring their own bible and a journal. If you are planning to attend the retreat, please sign up in the foyer on the bulletin board.



Vancouver, Dec 29 - Jan 1

Rise Up is Canada's national Catholic conference for young adults, hosted by Catholic Christian Outreach. Join hundreds of students and young professionals in Vancouver, December 29 – January 1, for four days of worship, Mass, and life-changing encounters with Jesus.

- You are not the only one trying to take your faith seriously (There's actually a lot of us)
- Encounter Jesus and His people
- Young Catholics from every province, all in one room
- Step into God's plan for your life

If you are a young adult aged 19-35, and are interested in attending Rise Up please phone the parish office at 250-635-2313 or email Fr. Jack at jmichalchuk@pgdiocese.ca or Gorette at gorette14@hotmail.com

Canada moves to allow advance requests for Medical Assistance In Dying

The Liberal Government recently introduced Bill C-41, a bill that would implement so-called advance directives for MAID/euthanasia. This bill would allow people to be killed by medical practitioners, without even being asked for their consent in the moment, based on a document that they may have signed years or decades before. Inevitably, there will be serious practical problems with assessing their past wishes. Ultimately, someone else will have to decide whether they live or die.

Pro-Life Canadians are encouraged to write to their MPs opposing Bill C-41, specifically due for its provisions for advance requests for MAID. Ellis Ross, the MP for our area, may be reached at: ellis.ross@parl.gc.ca or 1-613-992-7688

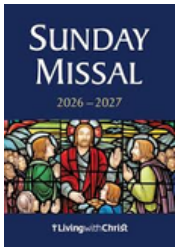


Pancake Breakfast November 22

All are welcome to a pancake breakfast on Sunday, November 22 after both of the morning Masses. The proceeds from the pancake breakfast will go towards sending our young people to Rise Up. Rise Up is a four day conference for young adults is an exciting opportunity to gather with other young Catholics and can be a pivotal experience in one's faith life. Thank you for your support and we look forward to seeing you at the breakfast!

The CWL of Sacred Heart Terrace Christ the King Luncheon

The CWL annual luncheon will be held on Saturday November 21 at 12:00 in honour of the Solemnity of Christ the King. Tickets will be on sale after the Saturday evening and Sunday morning masses on 14 and 15. Tickets are $30.00 each. If you wish to participate in the gift exchange please bring an unwrapped inexpensive item. Donations of mitts, toques, and gloves for those in need will be collected at the door. Lunch with be catered by the same Filipino ladies as last year.



Sunday Missals for Sale

The liturgical year ends on November 22 with the Solemnity of Christ the King. You may purchase a Sunday Missal for the new liturgical year starting on November 29th, which is also the First Sunday of Advent. Sunday Missals may be purchased in the foyer for $7.00 each. Children's Sunday Missals may be purchased for $10.00 each.

PARISH ACTIVITIES

Pastoral Care: Gorette Pires: 250-641-9468
Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833
NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397
Pro-Life: Don Coburn 250-635-5427
Sacred Heart Guards of Honour: Heather Kurisu: 250-641-4191
CWL: Rachel Cote 250-635-5983
Knights of Columbus: Erik Hernes 250-922-4507
Finance Council: Barry Dobbin: 250-922-5654
Pastoral Council: Manuela Krisinger: 250-638-7885
Abba Prayer Group: Daryl Anaka 250-635-0161

Upcoming Events

November

21 - CWL Luncheon
22 - Pancake Breakfast
27 & 28 - Parish Retreat
28 - First Sunday in Advent



November is All Souls and All Saints Month

The Book of Life



The book of Life will be placed in the foyer for the month of November. Please take a moment to write the names of your deceased loved ones in the Book of Life. For families never entered in our Book of Life, new sheets are available; otherwise please add names to your existing family sheet and your sheet will be kept in the book from year to year. Thank you.

Prayer for a Forgotten Soul in Purgatory

You are invited to pick up a prayer card at the All Souls' display in the foyer, and make a commitment to pray for a soul, who has no one to pray for them in the month of November.

Diocesan Annual Appeal

Thank you for your generous support of the Diocesan Annual Appeal! We are striving for 100% participation. If you have not already donated please consider making a contribution to the Appeal. We have reached 51% of our goal!

Parish Goal: $ 38,266
Pledges received: $19,425

Special Collection Needs of the Church in Canada

Thank you for your generous support for the special collection for the Needs of th Church in Canada. Together we raised $1,745 to aid national initiatives in evangelization and faith formation, promoting respect for human life and the dignity of every human person, accompanying migrants and refugees, and developing pastoral resources that serve dioceses, eparchies, parishes and the faithful throughout Canada.

Fr. Jack's Diet



Would you like to invite Fr. Jack for supper but are unsure about what to cook for his Keto diet? Be not afraid! Fr. Jack would love to come over to your house for a meal, and if you are unsure what to cook please phone or email the parish office to obtain a handy cooking for Keto information sheet!

Do you know someone who might be interested in a year of mission?

Catholics ages 16-30 are invited to join an upcoming Virtual NET Mission Discernment Event: Thursday, November 19th from 8-9:15 PM EST over Zoom! This event gives a glimpse into what a transformative year of mission on NET could look like!

Get a glimpse into a year on mission with NET Canada: Sign up at netcanada.ca/apply for the link to the upcoming virtual event onThursday, November 19, 8:00pm - 9:15pm

MASS TIMES Nov 16 - 22

Monday 9:00am † For those who pray for Fr. Jack

Tuesday 7:00pm † Joe & Justin daSilva

Wednesday 9:00am † Constantine Unida

Thursday 9:00am † Maximino da Silva

Friday 9:00am † Alex Levesque

Saturday 9:00am † Vince Carpino

Weekend Mass Times

Saturday 7:00pm † Jorge de Medeiros

Sunday 9:00am † Charlotte Geeraert

Sunday 11:00am People of the Parish

Daily Readings

Monday, November 16
Revelation 1:1-4;2:1-5a
Psalm 1
Luke 18:35-43

Tuesday, November 17
St. Elizabeth of Hungary
Rev. 3:1-6,14-22
Psalm 15
Luke 19:1-10

Wednesday, Nov. 18
Rev. 4:1-11
Psalm 150
Luke 19:11-28

Thursday, November 19
Rev. 5:1-10
Psalm 149
Luke 19:41-44

Friday, November 20
Rev. 10:8-11
Psalm 119
Luke 19:45-48

Saturday, November 21
Rev. 11:4-12
Psalm 144
Luke 20:27-40

Sunday, November 22
Christ the King
Ezekiel 34:11-12, 15-17, Psalm 23, 1 Cor. :15:20-26,28
Matthew 25:31-46



Prayer List

Phil Bialobzyski
Wheng Bautista
Maria DeMelo
Raulino DeMelo
John deSousa
Kyle de Sousa
Laura B. duBois
Fred Haines
Tamara Henyu
Joao Mendes
Dalton Stanvik

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list. Thank you!

Confession
Tuesday & Saturday at 6:30pm
or by appointment.

Rosary
Sun, Mon, Wed, Thurs, Fri. & Sat
at 8:30am &
Tues at 6:30pm

Quote of the Week

The Lord measures out perfection neither by the multitude of our deeds, but by the manner in which we perform them.

-St. John of the Cross

E -Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:
1. Parish Name: Sacred Heart Parish Terrace
2. Email address: shpaccounting@sacredheartnews.ca
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. “General” or a special collection.
** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday’s Collection

General: $ 6,212.25

Receive the weekly Sunday Bulletin in your Inbox!

Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.