



SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



June 28, 2026

Office Hours: Mon to Fri 9am - 4pm

Emergency no. after hours: 250-635-6628

Secretary: Kimberly Webb office@sacredheartnews.ca

Pastor: Fr. James J Dhiraviam, SAC

Parish Assistant: Gorette Pires gorette14@hotmail.com

frjames@sacredheartnews.ca

*13th Sunday
in*



*Ordinary
Time*

God Bless You on Your on your Confirmation!

Krystelle Almonguera

Michelle Ozenua

Santino Apollinar

Jonathan Ozenua

Samuel Cote

Ronald Jr. Pangan

Brian Diana

Jack Pike

Francheska Gallego

Elisabete Pimental

Penelope Gearey

Thomas-James Protheroe

William Harrison

Damien Ramsay

Finn Hernes

Grayson Raposo

Arkin Manalo

Xanti Vergara



You are a chosen race,
a royal priesthood, a
holy nation. Praise
God who called you
out of darkness into
his marvellous light.

Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit and they shall be created. And you shall renew the face of the earth.

Pancake Breakfast, June 28



Join us for a pancake breakfast made lovingly by the Knights of Columbus on Sunday, June 28th after both of the Sunday Masses. Admission is by your generous donation and proceeds of the breakfast go towards local Families in Need. Please bring along your friends and family and share in each other's company as well generously support our families.

Veritas Job Opening



Veritas School has a job opening for a Grade 7/8/9 Teacher. Please contact Tamara at tberg@cispg.ca to learn more about the position and how to apply. Please keep the school in your prayers.

Mental Illness Will Be Indefinitely Excluded for Euthanasia in Canada

The report of the Special Joint Committee on Medical Assistance in Dying (AMAD): *Mental Disorder as the Sole Underlying Medical Condition: A Complex and Challenging Conversation Among Canadians* was released on June 17, 2026. The AMAD Committee decided whether Canada should implement euthanasia for mental disorders as the sole underlying medical condition on March 17, 2027.

The report concluded:

That the Government of Canada amend the Criminal Code to indefinitely exclude persons whose sole underlying medical condition is a mental illness from eligibility for medical assistance in dying.

It is great news that the AMAD Committee has decided that Canada should not implement euthanasia for mental illness. Please continue in your efforts to protect all human life from conception to natural death.

Prayer for Canada on Canada Day



Eternal God whose reign extends from sea to sea and whose care endures throughout the ages, hear our prayers for our country; grant wisdom to those who govern it and respect for human life and dignity to every citizen, so that justice may flourish and all peoples live in unity and peace. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God for ever and ever. (*Collect for Canada Day Mass, Roman Missal*)

Holy Mass will be celebrated at 9:00am on July 1st. Please note, the parish office will closed.

PARISH ACTIVITIES

Pastoral Care: Gorette Pires: 250-641-9468

Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833

NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397

Pro-Life: Don Coburn 250-635-5427

Sacred Heart Guards of Honour: Heather Kurisu: 250-641-4191

CWL: Rachel Cote 250-635-5983

Knights of Columbus: Erik Hernes 250-922-4507

Finance Council: Barry Dobbin: 250-922-5654

Parish Council: Manuela Krisinger: 250-638-7885

Abba Prayer Group: Meetings Resume in September

Flower Ministry for the Summer

There is a sign up sheet in the foyer for anyone who would like to donate flowers to the church over the summer months. Details may be found on the sign up sheet. Thank you!



Final Eucharistic Adoration with Fr. James July 3



Join us on the First Friday of the month for Eucharistic Adoration from 9:30am until noon. We shall begin with the rosary at 8:30am and Holy Mass at 9:00am. Confessions will be heard from 10:00am to 11:00am.

The prayer box will be available in the foyer for you to submit your intentions. Fr. James will pray especially for these intentions on July 3rd.

Summer Time in the Church

A Gentle Reminder: As we enjoy the summer season and have unpacked our summer clothes, let us always remember that--even in our outer appearance--we are called to reflect the image of Christ. The significance of Mass is endless, so your dress at Mass is a statement to yourself and others that this is not just any other activity.

Here are a few guidelines to help you determine what to avoid for Mass, such as:
sleeveless tops, low-cut necklines, ball caps, short skirts, short shorts



This Week on Formed: How to Get More Out of the Mass (Even When You're Distracted)

In this episode of Practicing Catholic, Dr. Scott Hefelfinger and Taylor Kemp explore how to participate more deeply in the Mass, even during seasons of distraction, dryness, or spiritual fatigue. Drawing from their own experiences as parents and pilgrims in the faith, they discuss why the Mass is not primarily about what we get out of it, but about entering into Christ's sacrifice and allowing the liturgy to form us. *Need help logging into our Diocesan Formed Account? Please call or email the parish office.*

Franciscan Vocations



In celebration of the Jubilee Year of St. Francis, the Franciscan Friars of Canada are sharing a new vocation story series on YouTube, called Rebuild My Church. The series is named after the phrase that the Lord proclaimed to St. Francis in 1205 in Assisi, Italy. What vocation is God calling you into? We pray this series would shed more life on the Franciscan way of life and the men in Canada who have given their life to following Christ as Franciscan friars. <https://www.youtube.com/watch?v=nf8qr0itfSk>

Root Kids in a Relationship With God Vacation Bible School July 2026!



This summer from July 20th to the 24, step through the mist into Rainforest Falls, overflowing with wild waterfalls, towering trees, and colorful creatures. Participants will explore what it means to be rooted in relationship with God, their creator, a safe place in life's storms. **Our registration is now full!**

Décor donations: We are looking for donations of artificial house plants to help transform our Bible School in to a tropical rain forest! Donations may be dropped off at the office.

MASS TIMES June 29—July 5

- Monday 9:00am** † Souls in Purgatory
- Tuesday 7:00pm** † Joe & Eduarda Barbosa
- Wednesday 9:00am** Fred Haines
- Thursday 9:00am** † Camilo & Sabina deMedeiros
- Friday 9:00am** † Monique Mageau
- Saturday 9:00am** † Larry Reich

Weekend Mass Times

- Saturday 7:00pm** † Alcina Lima
- Sunday 9:00am** † Elsie Pelletier
- Sunday 11:00am** Intentions of the Parish

Confession

Tuesday & Saturday 6:30pm
or by appointment.

Daily Readings

Monday, June 29 <i>St. Peter & St. Paul</i> Acts 12:1-11 Psalm 34 2 Timothy 4:6-8, 17-18 Matthew 16:13-19	Thursday, July 2 Amos 7:10-17 Psalm 19 Matthew 9:1-8
Tuesday, June 30 Amos 3:1-8; 4:11-12 Psalm 5 Matthew 8:23-27	Friday, July 3 <i>St. Thomas</i> Ephesians 2:19-22 Psalm 117 John 20:24-29
Wednesday, July 1 <i>Canada Day</i> Isaiah 56:1, 6-7 Psalm 84 Matthew 5:1-12a	Saturday, July 4 Amos 9:11-15 Psalm 85 Matthew 9:14-17

Sunday, July 5
13th Sunday of Ordinary Time
Zechariah 9:9-10, Ps. 145, Romans 8:9, 11-13
Matthew 11:25-30

Prayer List



Phil Bialobzyski
Maria DeMelo
Raulino DeMelo
John deSousa
Kyle de Sousa

Laura B. duBois
Fred Haines
Tamara Henry
Joao Mendes
Dalton Stanvik
Susie Viveiros

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.
Thank you!

Receive the weekly Sunday Bulletin in your Inbox!



Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

Daily Rosary Times June 8-14

Sun, Mon, Wed, Thurs, Sat., 8:30am
Tues & Friday, 6:30pm

Quote of the Week

Life with Christ is a wonderful adventure.

- St. John Paul II

E -Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday's Collection

General: 5,651.65

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

