



SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



May 31, 2026

Office Hours: Mon to Fri 9am - 4pm

Emergency no. after hours: 250-635-6628

Secretary: Kimberly Webb office@sacredheartnews.ca

Pastor: Fr. James J Dhiraviam, SAC

Parish Assistant: Gorette Pires gorette14@hotmail.com

frjames@sacredheartnews.ca

Trinity Sunday

God Bless You

On Your First Holy Communion



Johanna Alangilan

Neal Kumba

Avery Angelo

Azeiya Manalo

Lia Anto

Nyorhe Mayone

Mariana Araujo

Einstein Ocampo

Jonah Barg

Michelle Pare

Avria Catap

Daphne Rabang

Yuan David

Veronica Ramsay

Tomas Garcia Gonzalez

Valentia Roldo

Kristel Kumba

Ronan Sandhals



Glory to the Father,
the Son, and the Holy Spirit: to God who
is, who was, and
who is to come.

Congratulations to all of you!



Solemnity of the Most Precious Body and Blood Of Jesus

Saturday Mass: June 6 at 7:00pm

Sunday Mass: June 7 at 10:00am only

Rosary at 9:30am

- ◆ Eucharistic Procession & Benediction at the end of Sunday Mass
 - ◆ BBQ to follow the procession. Come celebrate!
 - ◆ Please bring a salad, side dish, or dessert to share!

Volunteers are welcome! We need help especially after the celebration, cleaning up the gym. If you can donate an hour or so of your time, please call the parish office.



Root Kids in a Relationship With God Vacation Bible School July 2026!

This summer from July 20th to the 24, step through the mist into Rainforest Falls, overflowing with wild waterfalls, towering trees, and colorful creatures. Participants will explore what it means to be rooted in relationship with God, their creator, a safe place in life's storms. **Registration sheets are available on the bulletin board!** Please return completed forms to the parish office. Space is running out!

We need your help! We need adults to help lead stations and manage crews of children. Please call the parish office if you can help. The camp is Monday to Friday from 9:00am to 12:00pm (noon).

Décor donations: We are looking for donations of artificial house plants to help transform our Bible School in to a tropical rain forest! Donations may be dropped off at the office.



Knights Annual General Meeting June 14

The Annual General Meeting for the Knights of Columbus will be held starting at 2:00 p.m. on Sunday, June 14, 2026, in St. Luke's Room. All Knights are welcome.

A barbeque will be held starting at 5:00 p.m. All Knights and their families are welcome. Please bring a salad or a dessert. Also, please, contact Brother Gerald at geruth@citywest.ca or at 250 615 2773 if you are coming so that we may have a count of people attending the barbeque.

PARISH ACTIVITIES

Pastoral Care: Gorette Pires: 250-641-9468

Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833

NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397

Pro-Life: Don Coburn 250-635-5427

Sacred Heart Guards of Honour: Heather Kurisu: 250-641-4191

CWL: Rachel Cote 250-635-5983

Knights of Columbus: Gerald Caouette (250) 615-2773

Finance Council: Barry Dobbin: 250-922-5654

Parish Council: Manuela Krisinger: 250-638-7885

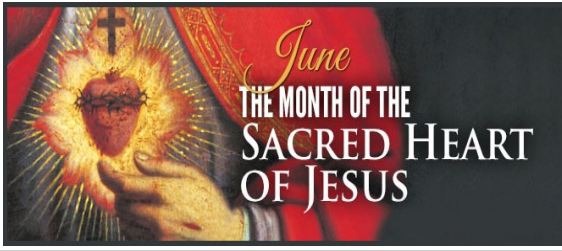
Abba Prayer Group: Mondays at 7:00pm in St. Luke's Room

Pope Leo's First Encyclical



Pope Leo XIV's historic first encyclical, "*Magnifica Humanitas*" (Magnificent Humanity), addresses safeguarding human dignity and agency in the digital age. Released and widely commented on by Catholic ministries, the letter teaches that AI is a powerful tool but cannot replace the soul, urging leaders to ensure technology serves the common good.

A copy of the encyclical may be found at: vatican.va



June is the Month of the Sacred Heart

The month of June is dedicated to the Sacred Heart of Jesus. During this month, we are invited to meditate upon and venerate the immense love and compassion symbolized by the Sacred Heart. It serves as a profound reminder of Jesus Christ's unwavering love for humanity; a love that endures beyond suffering and sacrifice.



Eucharistic Adoration Friday, June 5

The first Friday of the month is traditionally dedicated to the Sacred Heart of Jesus. Friday, June 5th we will begin with praying the rosary at 8:30am and Holy Mass will be celebrated at 9:00am. Exposition and Adoration of the Most Blessed Sacrament will be held from 9:30am until noon. Confessions will be heard from 10:00am to 11:00am. The prayer intention box will be available in the foyer and your intentions will be prayed for by Fr. James on Friday, June 5th.



Our Parish Feast Day! Solemnity of the Sacred Heart of Jesus

Friday, June 12

Adoration of the Blessed Sacrament: 3:00pm – 6:30pm

Divine Mercy Chaplet: 3:00pm

Confessions 6:30pm – 7:00pm

Rosary & Litany of the Sacred Heart at 6:30pm

Holy Mass at 7:00pm

Reception to follow Mass



Confirmation June 28, 2026

The Sacrament of Confirmation will be conferred by Bishop Stephen Jensen on Sunday, June 28 at the 9:00am Mass. Please keep the Candidates for Confirmation in your prayers as they prepare to receive the Sacraments.



Congratulations to

Clint & Patricia Russell

Clint and Patricia Russell had their marriage convalidated on May 23, 2026. We warmly congratulate them and pray for the health and happiness of their family.



Condolences to the Family & Friends of

Namitha Sebastian

The funeral Mass for Namitha Sebastian took place on May 22nd. Please keep the family in your prayers. Eternal rest grant unto her O Lord, and may perpetual light shine upon her.

MASS TIMES June 1—June 7

- Monday 9:00am** ☩ Anna Maria
- Tuesday 7:00pm** ☩ Dennis & Connie Barbosa
- Wednesday 9:00am** ☩ Elly & Joe Onstein
- Thursday 9:00am** Spencer Vennard
- Friday 9:00am** ☩ Pierre & Therese LeRoss
- Saturday 9:00am** ☩ Gordon Gillam

Weekend Mass Times

- Saturday 7:00pm** ☩ Jose Teixeira
- Sunday 10:00am** ☩ Eryka Smuda

Please note, June 7th there will be one Sunday Mass at 10:00am only.

Confession

Tuesday & Saturday 6:30pm
or by appointment.

Daily Readings

- | | |
|---|---|
| Monday, June 1
2 Peter 1:1-7
Psalm 91
Mark 12:1-12 | Thursday, June 4
2 Timothy 2:8-15
Psalm 25
Mark 12:28-34 |
| Tuesday, June 2
<i>St. Marcellinus & St. Peter</i>
2 Peter 3:12-15a, 17-18
Psalm 90
Mark 12:13-17 | Friday, June 5
2 Timothy 3:10-17
Psalm 119
Mark 12:35-37 |
| Wednesday, June 3
2 Timothy 1:1-3, 6-12
Psalm 123
Mark 12:18-27 | Saturday, June 6
2 Timothy 4:1-8
Psalm 71
Mark 12:38-44 |

Sunday, June 7
Most Holy Body & Blood of Christ
Deuteronomy 8:2-3,14-16, Ps. 147, 1 Cor. 10:16-17
John 6:51-59

Prayer List



Phil Bialobzyski
Germano Carrita
Maria DeMelo
Raulino DeMelo
John deSousa
Kyle de Sousa

Laura B. duBois
Fred Haines
Tamara Henry
Joao Mendes
Dalton Stanvik
Susie Viveiros

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.
Thank you!

Receive the weekly Sunday Bulletin in your Inbox!



Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

Daily Rosary Times

Sun, Mon, Wed, Thurs, Fri, Sat., 8:30am
Tues, 6:30pm

Quote of the Week

In difficult moments I will fix my gaze upon the silent heart of Jesus, stretched upon the cross, and from the exploding flames of his merciful heart, will flow down upon me power and strength to keep fighting.

—*St. Faustina*

E -Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday's Collection

General: 5,491.55

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

