



March 9, 2025

SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



Sunday Bulletin

Office Hours: Mon to Fri 9am - 4pm

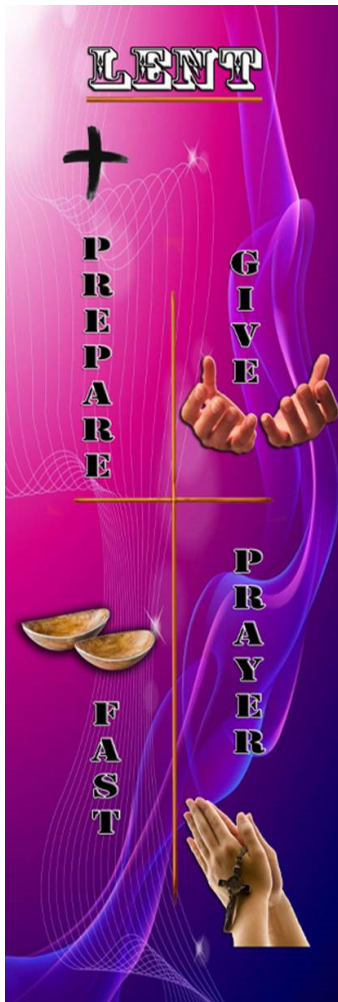
Emergency no. after hours: 250-635-6628

Secretary: Kimberly Webb office@sacredheartnews.ca

Pastor: Fr. James J Dhiraviam, SAC

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frjames@sacredheartnews.ca



My brothers and sisters in Christ Jesus,

A legendary story is told of a holy person who lived an extremely virtuous life. The goodness in him diffused, as a flower would spread its fragrance. So impressed were the angels that they came down to enquire on his secrets and even to offer him special gifts of miracles and thus he could gain more popularity and fame.

They offered him the gift of the "touch of his hand" - so that he would be able to heal the sick or raise the dead..... But he refused, saying that "God alone could heal" Then, they offered him the "power of conversion" - so that people could turn to God in repentance..... But he refused, saying that "the Holy Spirit alone could work repentance in souls" Then they offered the power to be a "model of goodness" so that many more would be drawn to him by the virtue of his life..... But he refused, again, saying that "if all are drawn to him, people would be away from God"

Puzzled, the angels asked him what gift he desired! The holy person replied: "Grant me the gift of humility so that I might do good to all, without me even knowing it!" And so, the angels interceded to God, and he was blessed: Wherever his shadow would fall, where he himself could not see it, the shadow would cure sicknesses, heal broken hearts and bring back people to God in repentance! Its truest sense. And may this be our prayer to enshrine all our activities during this lent "Grant me the gift of humility, so that I might do good to all, without me even knowing it!"

Kindly do not forget and mark your calendar of two spiritual events that will take place in our parish this Lent. Fr. David Bellusci, a Dominican Priest from Vancouver, will introduce the 'Pious association dedicated to devotion and honouring of Sacred Heart' next weekend. And Fr. Paul from Edmonton diocese will present us the Parish Lenten Mission connected with the Jubilee year 2025, from 17th to 19th March. Both these events will, I trust, enhance our spiritual quest and yearnings as a good preparation for the season of Lent.

I wish you all a very Happy and Blessed Season of Lent. May it be a time to revive and renew our faith, and thus grow in holiness! May our Blessed Mother of Compassion intercede for us.

Fr. James.JD

Man does not live by bread alone.

Luke 4:4

Congratulations and Welcome to

Ameera Constance Eliza Raposo



Ameera, daughter of Matthew and Suzanne Raposo, was baptized on Sunday, March 2nd. *Lord Jesus Christ bear our prayers, and with your unfailing protection watch over and cherish this child whom you have blessed with the grace of baptism. Amen*

Association of the Guard of Honour of the Sacred Heart of Jesus

Do you desire to deepen your relationship with Christ?



Consider membership in the Association of the Guard of Honor of the Sacred Heart of Jesus.

March 15th & 16th, Fr. David Bellusci, OP will provide information about this beautiful devotion at all the weekend Masses. **COME and DISCOVER the meaning and practice of the devotion to the Sacred Heart of Jesus.**

Parish Lenten Mission with Fr. Paul Moret

March 17-19, 2025



Holy Mass at 6:30pm & Talks at 7:00pm each night

Fr. Paul is presently the pastor at Holy Trinity Parish in Spruce Grove, Alberta, the Chair of the Presbyteral Council, Dean of Edmonton West Deanery, Spiritual Director of the Family Life Ministries Group, and member of the Encounter Healing Ministry.

Pancake Breakfast March 16



All are welcome to the Pancake Breakfast on Sunday, March 16 after both of the morning Masses. Proceeds go to local families in need. Thank you for your generosity!



Journey through Lent with the Catholic Bishops of Canada

The CCCB has released the first two videos in this year's "Journey through Lent" series, offering reflections on each week's Sunday readings. The videos for the series can be found on the CCCB website here: <https://www.cccb.ca/evangelization-catechesis-catholic-education/video-resources/journey-through-lent/>

PARISH ACTIVITIES

Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833

Contacts

NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397

Pro-Life: Don Coburn 250-635-5427

CWL: Rachel Cote 250-635-5983

Knights of Columbus: Gerald Caouette (250) 615-2773

Finance Council: Barry Dobbin: 250-922-5654

Parish Council: Manuela Krisinger: 250-638-7885

Travelling Statue of Mary



The travelling statue of Our Lady of Fatima is available for home visits. Families are invited to sign up and welcome the statue into their homes for a period of seven days. During your appointed week, families are invited to pray the rosary daily and come to grow in their devotion of Our Lady and her Son, Jesus. Please find the sign up sheet in the church foyer. For any questions or more information please call Gorette.



Veritas Employment Opportunities

Veritas School has postings for the next school year for teachers in: Grade 5, Grade 6, and Grade 7/8/9 (two positions) Veritas is also currently accepting applications for the following positions: Teachers Teaching on Call, Substitute Teachers, and on Call Special Education Assistants.

Please visit: veritascatholicschool.ca/employment-opportunities or phone Tamara Berg at 250-635-3035 for more information.

Condolences to the family and friends of



Betty Ruksys

The funeral service for Betty Ruksys will be Tuesday, March 11th at 11:00am. The funeral will be followed by a reception in the parish hall. Please sign up on the bulletin board if you are able to contribute sandwiches, squares etc. to the funeral.



Catholic Women's League

Cheryl Groves, Chairperson of Faith for Christ the King CWL in Kitimat, has been invited to give a presentation about the Jubilee Year: Pilgrims of Hope at our next meeting on **MONDAY MARCH 10th at 1pm** in St. Matthew's room. All CWL members are encouraged to support this event & any other ladies in the parish, who are interested in attending, are most welcome to join us. Fellowship to follow, with refreshments!



Fridays in Lent

Confessions will be heard at 6:00pm each Friday in Lent. Holy Mass will be celebrated at 6:30pm, followed by the Stations of the Cross at 7:00pm. Families and groups are encouraged to sign up on the bulletin board to lead the Stations of the Cross on Fridays in Lent.



Pro-Life Garage Sale March 28 & 29, 2025

The Annual Pro-Life Garage Sale will take place on March 28th & 29th in the Veritas School Gym. Sales begin at 9:00am each day. We are especially looking for donations of household and outdoor items, but please no clothing! Items may be dropped off at the gym on Thursday, March 27th from 5:00pm-8:00pm. For pick-up of items or any questions please call Don at 250-635-5427.

Diocesan Annual Appeal Sacred Heart Terrace



Parish Goal: **\$ 42, 790**
Donations to parish to date:
\$33, 639.00—78% of our Goal!

2025 Diocesan Youth Conference Registration Now!

Registration is now open for the annual Diocesan Youth Conference. This year's guest presenters include the Benedictines of Westminster Abbey and the Dominicans of Mary Mother of the Eucharist. The deadline for registration is May 15, 2025. Register at: <https://www.pgdiocese.bc.ca/diocesan-youth-conference/>



TRUE NORTH VACATION BIBLE SCHOOL needs your help!

This summer, at True North VBS, we'll show kids that Jesus is a trustworthy friend who is always there for us—He's our True North! To help us create a fun outdoor atmosphere, we're on the lookout for: **rolls of brown butcher paper, large beach towels, paint stir sticks and pool noodles**

MASS TIMES March 10—March 16

Monday 9:00am † Manuel & Urania daSilva

Tuesday 7:00pm † Francine Bruneau

Wednesday 9:00am † Manuel Favela

Thursday 9:00am Special Intention

Friday 6:30pm † Fatima Rosso

Saturday 9:00am † Manuel & Maria daSilva

Weekend Mass Times

Saturday 7:00pm † Eduarda Soares

Sunday 9:00am † Madonna Nixon

Sunday 11:00am Intentions of the parish

Confession

Tuesday & Saturday at 6:30pm, Friday at 6:00pm
or by appointment.

Daily Readings

Monday, March 10
Leviticus 19:1-2,11-18
Psalm 19
Matthew 25:31-46

Thursday, March 13
Esther 14:1,3-5,12-14
Psalm 138
Matthew 7:7-12

Tuesday, March 11
Isaiah 55:10-11
Psalm 34
Matthew 6:7-15

Friday, March 14
Ezekiel 18:21-28
Psalm 130
Matthew 5:20-26

Wednesday, March 12
Jonah 3:1-10
Psalm 51
Luke 11:29-32

Saturday, March 15
Deuteronomy 26:16-19
Psalm 119
Matthew 5:43-48

Sunday, March 16
2nd Sunday in Lent
Genesis 15:5-12,17-18, Psalm 27, Philippians 3:17-4:1
Luke 9:28b-36

Prayer List



Grethe Brorup
Maria DeMelo
Laura B. duBois
Carol Hamel

Charlene Henry
Joao Mendes
Suzanne Ramsay
Dalton Stanvik

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.
Thank you!



Receive the weekly Sunday Bulletin in your Inbox!

Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

Daily Rosary Times

Mon., Wed., Thurs., Sat., Sun. at 8:30am
Tues. 6:30pm Fri. 6:00pm

Quote of the Week

A good person is soft and flexible to each good thing and separates evil from themselves.

-St. Hildegard of Bingen

E-Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday's Collection

General: \$ 7,290.95
Pallottines: \$ 1,800.00

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

