



Feb 27, 2022



Pastor: Father James JD, SAC.

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Office Hours: 9:00am—4:00pm



My brothers and sisters in Christ,
Greetings from your Pastor Fr. James JD

It is time to begin a new and an important liturgical season of lent from coming Wednesday as 'Ash Wednesday'. Lent began as a way for Catholics to remind themselves of the value of **repentance and atonement for our sins**.

The three principal observances of the Lent, **Fasting, prayer and alms giving** can be a good thing, and God is pleased when we repent of our sinful habits by taking upon ourselves diligently these demands of the season, there is absolutely nothing wrong with setting aside some time to focus on Jesus' death and resurrection. **However, repenting of sin is something we should be doing every day of the year, not just for the 40 days of Lent.** Lent should not be a time of boasting of one's sacrifice or trying to earn God's favor or increasing His love. God's love for us could not be any greater than it already is. Hence, the season of Lent is a time to practice, **"I am coming home, never more to roam"**.

I invite everyone to participate in our Lenten- spirituals planned for you this year, especially in the stations of the Cross, Lenten special spiritual reflection 'Consoling the heart of Jesus', First Fridays Adoration March 4 and April 1st and confessions etc.

Here are few changes that you should know...

- ◆ There will be two masses on Ash Wednesday, 9am and 7pm. Both masses will be live streamed with drive through Communion. (This is the last weekend to bring in your palms!)
- ◆ The Veritas School children will participate in their respective classes the 'The Holy Eucharist' virtually and come to Church in their cohorts receive the ashes.
- ◆ We are beginning from March 6th, the first Sunday of Lent, the **9am & 11am masses**. The 11:00am Mass will be livestreamed with drive through Communion.
- ◆ 'Friday Masses' during Lent will be at 6.30 pm followed by Stations of the Cross. Please sign up to lead the stations on the bulletin board.
- ◆ Consoling the heart of Jesus', a video presentation on Thursdays at 7pm. Please register after Mass if you are interested.
- ◆ Parish Reconciliation Service with guests Priests will be on 4th April at 6pm.
- ◆ Chrism mass will on Tuesday, April 5th at Prince George.

Wishing everyone a grace filled Lenten season!
Fr. James. JD



Pallottine Special Collection—Thank you

Thank you for your generous contribution to the Pallottine Special Collection. To date we collected a total of \$15,695.00. These funds will greatly assist the missionary efforts of the Pallottines.

Daily Readings

Monday, February 28 1 Peter 1:3-9 Psalm 11 Mark 10:17-27	Thursday, March 3 Deuteronomy 30:15-20 Psalm 1 Luke 9:22-25
Tuesday, March 1 1 Peter 1:10-16 Psalm 98 Mark 10:28-31	Friday, March 4 Isaiah 58:1-9a Psalm 51 Matthew 9:14-15
Wednesday, March 2 <i>Ash Wednesday</i> Joel 2:12-18 Psalm 51 2 Corinthians 5:20-6:2 Mark 9:38-40	Saturday, March 5 Isaiah 58:9b-14 Psalm 86 Luke 5:27-32

Sunday, March 6
1st Sunday of Lent
Deuteronomy 26:4-10, Psalm 91 Romans 10:8-13
Luke 4:1-13

Quote of the Week

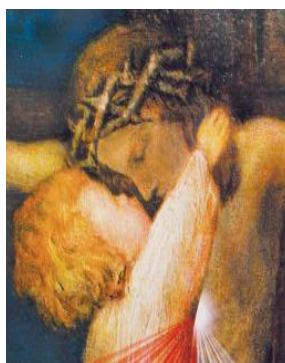
We must make our homes centres of compassion and forgive endlessly.
—St. Teresa of Kolkata

Confession

Friday at 6:00pm, Saturday at 6:30pm or by appointment.

Rosary

Sun at 9:30am Mon, Wed, Thurs., Sat at 8:30am and Tues. at 7:30pm



Consoling the Heart of Jesus

- Sign up this weekend!

Join us Thursdays in Lent at 7:00 pm for a weekly gatherings to understand consoling the Sacred Heart of Jesus.

March 4 - Laying the Foundation:
Pages 17-22, 29-46

Word Among Us

The Lenten edition of the Word Among Us is available for purchase in the foyer. Copies are 3.00 dollars each.

Condolences to the family and friends of



Claire Williams

Funeral Mass: Thursday March 3rd, at 11:00am. Please keep the Williams family in your prayers

Sunday 11:00am - Mass Livestreamed & Drive Through Communion available

MASS TIMES Feb 28—March 6

Monday	9:00am	✠ Irena Silva
Tuesday	7:00pm	✠ Thomas Ellis
Wednesday	9:00am	✠ Maximino daSilva
	7:00pm	✠ Manuel Branco
Thursday	9:00am	✠ Theo Cam
Friday	6:30pm	✠ Susie deMelo
Saturday	9:00am	✠ Camille Bruneau
Saturday	7:00pm	✠ Deceased Knights of Columbus
Sunday	9:00am	✠ Mario Henriques
Sunday	11:00am	Intentions of the Parish

Prayer List



Charlene Henry
Betty H.
Lukah

Adele Johnson
Charles Kofoed
Maria Roque

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list. Thank you!

OPTIONS FOR LENT ONLINE!



Please check the bulletin board for a handout featuring multiple online options to help you on your Lenten journey. There are programs for all ages. Presenters include Scott Hahn, Tim Gray and more!

Knights of Columbus



The Knights of Columbus General Meeting will be held Wednesday, March 9th at 7:30pm at the church.

Veritas Employment Opportunity

Veritas has a part time Educational Assistant position available immediately until June 28, 2022. Please contact Tamara Berg at 250-635-3035 or tberg@cispj.ca



Farewell to Teresa & Shane Palahicky

Shane and Teresa, long time parishioners of Sacred Heart, will be moving to Calgary, Alberta on March 1st. We shall miss them very much and wish them all the best!

E -Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: shpaccounting@sacredheartnews.ca
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday's Collection

General	\$ 3,716.00
Catholic	\$ 1,100.00
Missions In Canada	



Thank you to all who have donated to the parish; your generosity is deeply appreciated.