

SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



Dec 21, 2025



Sunday Bulletin

Office Hours: Mon to Fri 9am - 4pm

Emergency no. after hours: 250-635-6628

Secretary: Kimberly Webb office@sacredheartnews.ca

Pastor: Fr. James J Dhiraviam, SAC

Parish Assistant: Gorette Pires gorette14@hotmail.com

frjames@sacredheartnews.ca



My brothers and Sisters in Christ Jesus,
Season's greetings to everyone from your Pastor Fr. James.

Year after year, during this season, one wonders **why God become man and dwelt among us**. If our greatest need had been for information, God would have sent us an educator. If our greatest need had been for technology, God would have sent us a scientist. If our greatest need had been for money, God would have sent us an economist. If our greatest need had been pleasure, God would have sent us an entertainer. **However, our greatest need was for forgiveness and love, so God sent us a Savior, his only begotten Son.**

Jesus Christ is the reason for the season.

When our hearts are aware of this truth, then everything within this season reminds us of the 'love that came down from Heaven'. Therefore, I pray, that,

- May the Christmas GIFTS remind us of God's greatest gift, His only Son!
- May the Christmas CANDLES remind us of Him who is the "Light of the world!
- May the Christmas TREES remind us of another tree upon which he died!
- May the Christmas CHEER remind us of Him who said, "rejoice"!
- May the Christmas FAMILY DINNER remind us of Him who is "the Bread"!
- May the Christmas BELLS remind us of the glorious proclamation of His birth!
- May the Christmas CAROLS remind us of the song the angels sang, "Glory to God in the Highest!"
- May the Christmas SEASON remind us in every way of Jesus Christ our King!

May Christmas 2025 be for all of us at Sacred Heart a time to journey with the good news that 'GOD IS WITH US'. I wish each one of you a holy and blessed Christmas and pray that the year 2026 is filled with much joy and peace!

Christmas Blessings,
Fr. James JD



Proposed Restrictions on Religious Freedom – Bill C-9

The President of the Canadian Conference of Catholic Bishops, Most Rev. Pierre Goudreault, has written to Prime Minister Mark Carney and other members of government concerning an amendment to Canada's hate speech legislation. The Liberal Party has made an agreement with the Bloc Québécois. In exchange for the BQ's support of Bill C-9, the Liberals will amend Section 319 (3) (b) of the Criminal Code to remove the religious exemption clause, which provides an exemption against prosecution for hate speech "if, in good faith, the person expressed or attempted to establish by an argument an opinion on a religious subject or an opinion based on a belief in a religious text."

The full news release from the CCCB and Most Rev. Pierre Goudreault's letter can be read here: <https://www.cccb.ca/media-release/proposed-restrictions-on-religious-freedom-bill-c-9/>



Pancake Breakfast—December 28

All are welcome to the pancake breakfast, hosted by the Knights of Columbus on Sunday, December 28th at the Veritas Gym. Admission is by donation and the proceeds from the breakfast will be given to local families in need. Please bring your family and friends.



Advent Pyjama Drive for Women in Need in Terrace

Thank you for your generous donations to the Advent drive for the Terrace Women's Transition House. The items were gratefully received this past week; in total, we were able to present five large bags of pyjamas and five boxes of toiletries to the Transition House.



Christmas Office Hours

The Parish office will be closed December 25th and 26th. The office will reopen Monday, December 29th—Dec 31 from 9:00am to 12:00pm. The office will also be closed Thursday, January 1st.

Catholic Women's League



Thank you to all of the ladies who have paid for your 2026 Membership fees. If anyone still wants to re-new or join please place your envelope in the collection basket. Membership cards will be handed out in January. We hope you have a blessed Christmas.

PARISH ACTIVITIES

Pastoral Care: Gorette Pires: 250-635-2313

Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833

NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397

Pro-Life: Don Coburn 250-635-5427

Sacred Heart Guards of Honour: Heather Kurisu: 250-641-4191

CWL: Rachel Cote 250-635-5983

Knights of Columbus: Gerald Caouette (250) 615-2773

Finance Council: Barry Dobbin: 250-922-5654

Parish Council: Manuela Krisinger: 250-638-7885

Abba Prayer Group: Mondays at 7:00pm in St. Luke's Room

Save the Date!

Diocesan Youth Conference 2026

May 15-17, 2026

Registrations open February 2026! Details to follow in future bulletins.



Christmas & New Year's Mass Times



Wednesday, December 24:

7:00pm & Midnight

Thursday, December 25:

10:00am

Wednesday, December 31:

7:00pm

Thursday, January 1:

10:00am

Begin the New Year with Eucharistic Adoration



Wednesday, December 31st

6:00pm—6:45pm

Thursday, January 1st

9:30am—10:00am

There will be two opportunities to begin the New Year with Eucharistic Adoration: December 31st from 6:00pm to 6:45pm and January 1st from 9:30am to 10:00am. Holy Mass will be celebrated after each period of Adoration as we celebrate the Solemnity of Mary, the Holy Mother of God. Please note that the Solemnity of Mary, the Holy Mother of God is a Holy Day of Obligation.

Diocese of Victoria Pastoral Care Training Winter 2026

"God calls us to touch the lives of our aging, lonely, ill, palliative and dying sisters and brothers with accompaniment, kindness and compassion as the hands and face of Christ. In these sessions, you learn basic tools necessary to accompany those who are in need of the healing ministry of Christ." – Most Reverend Gary Gordon, Bishop of Victoria

The valuable and free Pastoral Care Outreach Training series will be offered online this winter. The training is open to spouse caregivers, family members who care for their loved ones, clergy and religious, care aides and others in the health industry, and anyone who is personally drawn to learn basic tools necessary to accompany those who are in need of the healing ministry of Christ. Nine sessions will be held via Zoom on Saturday mornings from 9:30 – noon, starting on January 24 and running until March 28, 2026 (with no session on March 7). Missed session can be made-up, and a Certificate of Completion is provided to those who complete all nine sessions. Participants will require a phone number and email address, a computer, tablet or smart phone with speakers, microphone and webcam, a reliable Internet connection, and access to Zoom. Please register through your parish by January 13, 2026. For further information, please email moiraking@shaw.ca



2026 Donation Envelopes

Please pick up your personalized 2026 donation envelopes in the foyer. If there are any corrections needed on your envelope label, such as your address, please contact the parish office. If you would like to register for envelopes, please phone or email the parish office and arrange for a box of envelopes to be registered to you. Thank you!



Called Together Diocesan Annual Appeal

Thank you for your continued support and generosity. We need your help to reach our parish goal. If you have not yet donated, please consider making a contribution as we approach the end of the year.

Parish Goal: \$ 45,450

Donations to date: \$ 28,075.00 - 61% of our goal!

MASS TIMES Dec 22—Dec 28

Monday 9:00am † Jason Schulmeister

Tuesday 7:00pm † Maria Roque

Wednesday, Dec 24 7:00pm & † Ernestina & Jose Teixeira

Midnight Mass John & Gilda Sousa

Thursday, Dec 25 10:00am Intentions of the Parish

Friday 9:00am † Souls in Purgatory

Saturday 9:00am † Jose Ventura

Weekend Mass Times

Saturday 7:00pm † Betty Sterner

Sunday 9:00am † George Kofoed

Sunday 11:00am Intentions for the Parish

Confession

Tuesday & Saturday 6:30pm
or by appointment.

Daily Readings

Monday, December 22 1 Samuel 1:24-28 1 Samuel 2 Luke 1:46-56	Thursday, December 25 Isaiah 62:11-12 Psalm 97 Like 2:15-20
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Tuesday, December 23 Malachi 3:1-4; 4:5-6 Psalm 25 Luke 1:57-66	Friday, December 26 Judges 13:2-7,24-25a Psalm 71 Luke 1:5-25
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Wednesday, December 24 Isaiah 9:2-4,6-7 Psalm 96 Luke 2:1-16	Saturday, December 27 1 John 1:1-4 Psalm 97 John 20:2-8
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Sunday, December 28
Holy Family of Jesus, Mary & Joseph
Sirach 3:2-6,12-14, Psalm 128, Colossians 3:12-21
Matthew 2:13-15.19-23

Prayer List



Arnie Appels
Maria DeMelo
Raulino DeMelo
Gilda deSousa
John deSousa

Laura B. duBois
Fred Haines
Charlene Henry
Joao Mendes
Gerald Nelson
Dalton Stanvik

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.
Thank you!

Receive the weekly Sunday Bulletin in your Inbox!



Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

Daily Rosary Times

Sun, Mon, Wed., Thurs., Fri, Sat., 8:30am
Tues, 6:30pm

Quote of the Week

Open wide your door to the one who comes. Open your soul, throw open the depths of your heart to see the riches of simplicity, the treasures of peace, the sweetness of grace. Open your heart and run to meet the Sun of eternal light that illuminates all people.

- St. Ambrose of Milan

E -Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday's Collection

General:\$ 5,807.80

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

