SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Web: www.shpchurch.com



Sunday Bulletin

November 22
2026

Office Hours: Mon to Fri 9am - 4:00pm
Secretary: Kimberly Webb office@sacredheartnews.ca
Parish Assistant: Gorette Pires gorette14@hotmail.com

Emergency no. after hours: 250-635-6628
Pastor: Fr. Jack Michalchuk
jmichalchuk@pgdiocese.ca



When the Son of Man comes in his glory, and all the Angels with him, then he will sit on the throne of his glory.

Matthew 25:31



Catholic Prayer 101

Advent Retreat with Fr. Jack
November 27 & 28

All are welcome to join us Friday evening, November 27 at 6:30pm and Saturday morning November 28 from 9:30am - 1:00pm for an Advent Retreat, led by Fr. Jack. The retreat is open to everyone and will conclude with a lunch in St. Matthew's room. Please bring a plate to share for lunch.

We will explore the foundations of Catholic Prayer and workshop three different complimentary spiritualities. Participants are asked to bring their own bible and a journal. If you are planning to attend the retreat, please sign up in the foyer on the bulletin board.



Vancouver, Dec 29 - Jan 1

Rise Up is Canada's national Catholic conference for young adults, hosted by Catholic Christian Outreach. Join hundreds of students and young professionals in Vancouver, December 29 – January 1, for four days of worship, Mass, and life-changing encounters with Jesus.

- You are not the only one trying to take your faith seriously (There's actually a lot of us)
- Encounter Jesus and His people
- Young Catholics from every province, all in one room
- Step into God's plan for your life

If you are a young adult aged 19-35, and are interested in attending Rise Up please phone the parish office at 250-635-2313 or email Fr. Jack at jmichalchuk@pgdiocese.ca or Gorette at gorette14@hotmail.com



Pancake Breakfast November 22

All are welcome to a pancake breakfast on Sunday, November 22 after both of the morning Masses. The proceeds from the pancake breakfast will go towards sending our young people to *Rise Up*. *Rise Up* is a four day conference for young adults is an exciting opportunity to gather with other young Catholics and can be a pivotal experience in one's faith life. Thank you for your support and we look forward to seeing you at the breakfast!

CWL Gifts and Books Sale
November 28 & 29, December 5 & 6



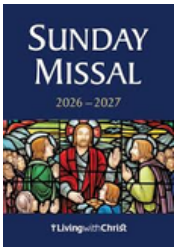
The CWL Gifts and book sale will be held in St. Mark's Room on November 28 & 29, and & December 5 & 6 after all the weekend Masses. Christmas cards, children's gifts and beautiful calendars will be featured in addition to many other gifts and books.

CWL Memberships

November is CWL membership month. We hope present members will encourage other ladies to join us for fellowship and service to others in our faith community.

The fees are $48.00 and can be paid by cash or cheque but not e-transfer. If you use the regular envelopes look for the blue one in November. If not , just put your money in a plain envelope with the following information -name, address, phone number and date of birth. They can be placed in the collection basket at the Sunday masses or turned in at the office. We hope there will be many new faces this year.

Sunday Missals for Sale



The liturgical year ends on November 22 with the Solemnity of Christ the King. You may purchase a Sunday Missal for the new liturgical year starting on November 29th, which is also the First Sunday of Advent. Sunday Missals may be purchased in the foyer for $7.00 each.

Word Among Us - Advent Devotionals

The Word Among Us Advent devotionals are on sale for $4.00 each.

PARISH ACTIVITIES

Pastoral Care: Gorette Pires: 250-641-9468
Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833
NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397
Pro-Life: Don Coburn 250-635-5427
Sacred Heart Guards of Honour: Heather Kurisu: 250-641-4191
CWL: Rachel Cote 250-635-5983
Knights of Columbus: Erik Hernes 250-922-4507
Finance Council: Barry Dobbin: 250-922-5654
Pastoral Council: Manuela Krisinger: 250-638-7885
Abba Prayer Group: Daryl Anaka 250-635-0161

Upcoming Events

November

21 - CWL Luncheon - 12:00pm
22 - Pancake Breakfast
27 - Parish Retreat - 6:30pm
28 - Parish Retreat - 9:30am
28 - First Sunday in Advent



Diocesan Annual Appeal

Thank you for your generous support of the Diocesan Annual Appeal! We are striving for 100% participation. If you have not already donated please consider making a contribution to the Appeal. We have reached 54% of our goal!

Parish Goal: $ 38,266 Pledges received: $20,475

This Week on Formed



The Heart of Prayer

Presented in partnership with the National Eucharistic Congress, Heart of Prayer invites participants into an intimate and peaceful retreat with Bishop Andrew Cozzens of Crookston, Minnesota. Bishop Cozzens leads viewers through eight sessions of teaching and reflectionon prayer and its place in our spiritual life. New to Formed? Sign up for free at formed.org/signup

Rachel's Vineyard

Rachel's Vineyard Retreats
PRINCE GEORGE, BC

Our next Rachel's Vineyard Healing Retreat in Prince George is scheduled for May 14 – 16 2027. We invite those that have been impacted by an abortion experience to come and experience God's love and compassion. Mothers, fathers, grandparents, and siblings are also welcomed to come and express their grief & sorrow in a non-judgmental, confidential and safe place. Registration will commence on March 1, 2027. For more information visit our website: rachelsvineyardpg.ca or email Adele @ rachelsvineyardpg@proton.me.

Diocesan Youth Conference - Save the Date
May 21-23, 2027



Attention all young people in Grades 7-12, the 2027 Diocesan Youth Conference will be held May 21-23 in Prince George BC. Please save the date! The DYC is a wonderful opportunity for youth across the diocese to gather and grow in their relationship with Christ as well build meaningful friendships with each other.

Fr. Jack's Diet



Would you like to invite Fr. Jack for supper but are unsure about what to cook for his Keto diet? Be not afraid! Fr. Jack would love to come over to your house for a meal, and if you are unsure what to cook please phone or email the parish office to obtain a handy cooking for Keto information sheet!

School Mass November 25

All are welcome to the school Mass on Wednesday, November 25th at 9:00am. Please join the students and staff in prayer as they celebrate Christ the King.

Teachers on Call

Veritas is looking for teachers-on-call (certified or uncertified).
Please call Tamara at tberg@cispg.ca or by phone at 250-635-3035.

MASS TIMES Nov 23 - 29

Monday 9:00am † Humberto Araujo

Tuesday 7:00pm † Monique Mageau

Wednesday 9:00am † For those that pray for Fr. Jack

Thursday 9:00am † Manuel Barbosa

Friday 9:00am † Lynn Leblanc

Saturday 9:00am † Suzette Kosarynski

Weekend Mass Times

Saturday 7:00pm † Maria & Manuel de Deus

Sunday 9:00am † Maricar Matrido

Sunday 11:00am People of the Parish

Daily Readings

Monday, November 23 **Revelation 14:1-3,4b-5** **Psalm 24** **Luke 21:1-4**	**Thursday, November 26** **Rev. 18:1-2,21-23;19:1-3,9a** **Psalm 100** **Luke 21:20-28**
Tuesday, November 24 **Rev. 14:14-19** **Psalm 96** **Luke 21:5-11**	**Friday, November 27** **Rev. 20:1-4,11-15;21:1-2** **Psalm 84** **Luke 21:29-33**
Wednesday, Nov. 25 **Rev. 15:1-4** **Psalm 98** **Luke 21:12-19**	**Saturday, November 28** **Rev. 22:1-7** **Psalm 95** **Luke 21:34-36**

Sunday, November 29
Isaiah 63:16b-17;64:1,3-8, Psalm 80, 1 Cor. :1:3-9
Mark 13:33-37



Prayer List

Phil Bialobzyski
Wheng Bautista
Maria DeMelo
Raulino DeMelo
John deSousa
Kyle de Sousa
Laura B. duBois
Fred Haines
Tamara Henyu
Joao Mendes
Dalton Stanvik

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list. Thank you!

Confession
Tuesday & Saturday at 6:30pm
or by appointment.

Rosary
Sun, Mon, Wed, Thurs, Fri. & Sat
at 8:30am &
Tues at 6:30pm

Quote of the Week

It is better to be the child of God than king of the whole world.

-St. Martin of Tours

E -Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:
1. Parish Name: Sacred Heart Parish Terrace
2. Email address: shpaccounting@sacredheartnews.ca
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. “General” or a special collection.
** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday’s Collection

General: $ 4,920.05

Needs of the Church in Canada: $160.00

Receive the weekly Sunday Bulletin in your Inbox!

Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.