



Dec 15, 2024

SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



Sunday Bulletin

Office Hours: Mon to Fri 9am - 4pm

Emergency no. after hours: 250-635-6628

Secretary: Kimberly Webb office@sacredheartnews.ca

Pastor: Fr. James J Dhiraviam, SAC

Parish Assistant: Gorette Pires gorette14@hotmail.com

frjames@sacredheartnews.ca

Third Sunday of
ADVENT



Rejoice!



Advent Reconciliation Service Wednesday, December 18th

Fr. James and guest priests will be
available to hear confessions.

The Parish Advent Reconciliation service will
take place on Wednesday, December 18th at

6:30pm. During the season of Advent, we look forward to welcoming Jesus, our Emmanuel, the gift of God with us. In preparation for the Sacrament of Reconciliation, we examine various aspects of our lives, considering the many gifts God has given us, and how we have responded. Please take advantage of this opportunity to prepare your heart for the coming of the Christ child this Christmas.

Examination of Conscience:

THE GIFT OF FAITH:

Do I trust in God? Are there times
when I despair?
Do I pray daily, taking time to praise
God?
Am I mindful of all God has given me?
How am I responding to the call to
share my faith with others, to lead
others to Christ?
Do I participate in the Eucharist as an
act of praise and thanksgiving?
Does the time I spend with God show
that God is a priority in my life?

THE GIFT OF FAMILY AND FRIENDS:

Do I let busyness get in the way of my
most important relationships?
Do I take out my problems and
worries on others?
Do I build myself up by tearing others
down?

Do I let resentment and lack of
forgiveness overcome me?

Do the people who are closest to me
know that I care about them?

THE GIFT OF MYSELF:

Do I treat myself with respect?
Do I take care of my body, my health?
Do I treat the gift of sexuality – mine
and others' – with appropriate
dignity?
Am I careful about how I 'feed' my
body, my mind, my heart?

Act of Contrition

O my God, I am heartily sorry for having
offended Thee, and I detest all my sins be-
cause of Thy just punishments, but most of
all, because they offend Thee, my God, who
art all-good and deserving of all my love. I
firmly resolve, with the help of Thy grace, to
sin no more and to avoid in the near occa-
sion of sin. Amen.

Christmas & New Year's Mass Times



Tuesday, December 24:
7:00pm & Midnight
Wednesday, December 25:
10:00am

Tuesday, December 31:
7:00pm
Wednesday, January 1:
10:00am



Diocesan Annual Appeal

Thank you to all of who have supported the appeal financially and with your prayers. There are many needs across the diocese -- especially in our smaller parishes and missions -- and we need everyone's support to help meet those needs.

Sacred Heart Terrace

Parish Goal: **\$ 42, 790**
Donations to parish to date:
\$26,118.00—61% of our Goal!



Pancake Breakfast December 15th

All are welcome to the pancake breakfast this Sunday, December 15 after both of the Sunday Masses; this event is hosted by the Knights of Columbus and takes place in the Veritas gym. Proceeds from the breakfast will go to support local families in need. Your generosity truly makes a difference!



Children's Liturgy at the 11:00am Mass

For the season of advent, we will provide Children's Liturgy at the 11:00am Mass for children in Grades 1-4. The children will be called forward at Mass and process out to their special class.



Canadian Bishops Advent Video Series

This year's Advent English spiritual reflections are delivered by the Most Reverend Frank Leo, Metropolitan Archbishop of Toronto. The video series can be found on the CCCB website here: <https://www.cccb.ca/evangelization-catechesis-catholic-education/video-resources/journey-through-advent/>



Farewell & Best Wishes to Paul & Cheryl Vandermeer

Long-time parishioners Paul and Cheryl Vandermeer have moved to Houston. Paul served as the Grand Knight of our local council for many years and the couple will be greatly missed. We wish them all the best in their new home!

PARISH ACTIVITIES

Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833

Contacts

NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397

Pro-Life: Don Coburn 250-635-5427

CWL: Rachel Cote 250-635-5983

Knights of Columbus: Gerald Caouette (250) 615-2773

Finance Council: Barry Dobbin: 250-922-5654

Parish Council: Manuela Krisinger: 250-638-7885

Travelling Statue of Mary

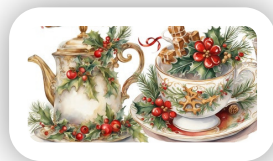


The travelling statue of Our Lady of Fatima is available for home visits. Families are invited to sign up and welcome the statue into their homes for a period of seven days. During your appointed week, families are invited to pray the rosary daily and come to grow in their devotion of Our Lady and her Son, Jesus. Please find the sign up sheet in the church foyer. For any questions or more information please call Gorette.



School Mass Wednesday, December 18

All are welcome to the Veritas School Mass on Wednesday, December 18 at 9:00am. The theme of the Mass is Advent and in particular the students will learn about the angel's message to Joseph before the birth of Christ.



Advent Tea for Seniors Wednesday, December 18

All elders of the parish are warmly invited to a delightful morning of tea and refreshments on Wednesday, December 18th at 10:30am. Students from Veritas will sing for you while others will serve you at your table. Come enjoy the season and each other's company.



Knights of Columbus Upcoming Meetings

The Knights of Columbus Executive Meeting has been cancelled for December. Our next General Meeting will be Wednesday, Jan. 8th 2025 and our next Executive Meeting is Jan. 22nd, 2025.



2025 Donation Envelopes

Please pick up your personalized 2025 donation envelopes in the foyer. If there are any corrections needed on your envelope label, such as your address, please contact the parish office. If you are new to the parish and would like envelopes, please phone or email the parish office and arrange for a box of envelopes to be registered to you. Thank you!



The best Catholic content all in one place!

Sacred Heart has a subscription to FORMED, a premier online platform filled with over 4,000 Catholic studies, movies, audio dramas, talks, e-books, and even cartoons for our children. All of this content is free for you! Check out their Advent resources.

To Register: 1. Visit formed.org/signup 2. Enter our parish name: Sacred Heart Terrace 3. Enter your name and email



Veritas Announcements

- ♦ Veritas School is searching for a full time PE teacher from January to June 2025. Preference is for a certified teacher, but applicants who have experience working with children, coaching, etc. are encouraged to contact Tamara Berg at tberg@cispg.ca or 250-635-3035 for more information.
- ♦ Veritas School is looking for an individual with a musical background to assist with band class two to four hours per week from January to March 2025. Please contact Tamara Berg (contact information above).



Grocery Card Sales December 14 & 15

- ♦ Grocery Cards will be sold after all the Weekend Masses in St. Mark's Room on December 14 & 15. Grocery cards are available from Safeway, Save-On and Canadian Wholesale. Cheque, credit and cash payments are accepted.

MASS TIMES December 16—December 22

Monday 9:00am ✚ Joao Araujo

Tuesday 9:00am ✚ Maria & Manuel deDeus

Wednesday 9:00am ✚ Maximino daSilva
School Mass

Thursday 9:00am ✚ Claudette Fournier

Friday 9:00am ✚ Maria & Chloe Garcia

Saturday 9:00am ✚ Jose & Ernestina Teixeira

Weekend Mass Times

Saturday 7:00pm ✚ Deceased Knights of
Columbus

Sunday 9:00am ✚ Teresa Praticante

Sunday 11:00am Intentions of the parish

Confession

Tuesday & Saturday at 6:30pm
or by appointment.

Daily Readings

Monday, Dec 16
Numbers 24:2-7, 15-17a
Psalm 25
Matthew 21:23-27

Thursday, Dec 19
Judges 13:2-7, 24-25a
Psalm 71
Luke 1:5-25

Tuesday, Dec 17
Genesis 49:2, 8-10
Psalm 72
Matthew 1:1-17

Friday, Dec 20
Isaiah 7:10-14; 8:10d
Psalm 24
Luke 1:26-38

Wednesday, Dec 18
Jeremiah 23:5-8
Psalm 72
Matthew 1:18-24

Saturday, Dec 21
Zephaniah 3:14-18a
Psalm 33
Luke 1:39-45

Sunday, Dec 22
4th Sunday of Advent
Micah 5:2-5a, Psalm 80, Hebrews 10:5-10
Luke 1:39-45

Prayer List



John Alvarez
Grethe Brorup
Blake Davis
Maria DeMelo
Laura B. duBois

Carol Hamel
Charlene Henry
Joao Mendes
Margo Morin
Dalton Stanvik

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.
Thank you!



Receive the weekly Sunday Bulletin in your Inbox!

Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

Daily Rosary Times

Mon., Wed., Thurs., Fri., Sat., Sun. at 8:30am
Tuesday: 8:30am—Dec 17

Quote of the Week

May your luminous truth lead me and make me walk in your presence sincerely, with a perfect heart.
- St. Gertrude the Great

E -Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

**** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!**

Last Sunday's Collection

General: \$ 6,172.65

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

