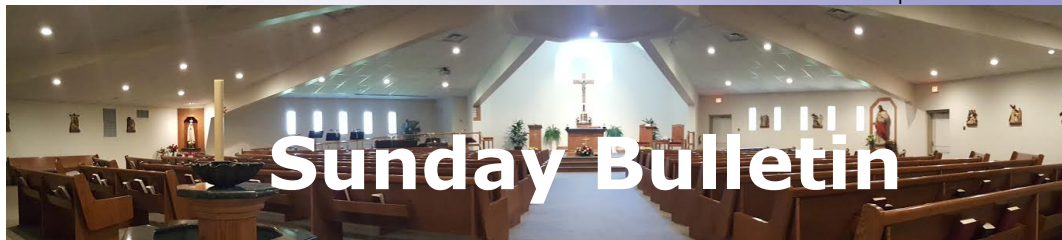




Jan 28, 2024

SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



Sunday Bulletin

Office Hours: Mon to Fri 9am - 4pm Emergency no. after hours: 250-635-6628

Secretary: Kimberly Webb office@sacredheartnews.ca

Pastor: Fr. James J Dhiraviam, SAC

Parish Assistant: Gorette Pires gorette14@hotmail.com

frjames@sacredheartnews.ca

4th

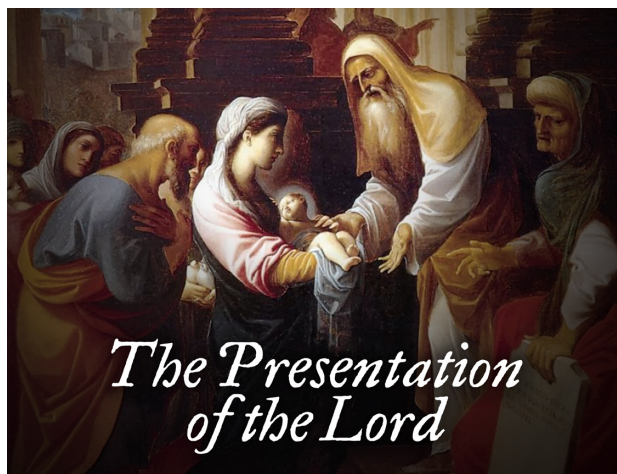
*Sunday in
Ordinary Time*



Friday, February 2nd

Rosary 8:30am

Holy Mass 9:00am



*The Presentation
of the Lord*

When the days were completed for their purification according to the law of Moses, Mary and Joseph took Jesus up to Jerusalem to present him to the Lord, just as it is written in the law of the Lord, "Every male that opens the womb shall be consecrated

to the Lord," and to offer the sacrifice of "a pair of turtledoves or two young pigeons," in accordance with the dictate in the law of the Lord. ~Luke 2:22-24

The Church celebrates the feast of the Presentation of the Lord on February 2, also called Candlemas for the custom of using lighted candles. Please bring your candles to Mass to be blessed during the liturgy.

This feast day celebrates both the Presentation of Jesus in the Temple, as well as the Purification of Mary, which was required by the Mosaic Law forty days after the birth of a child. February 2nd is also the World Day for Consecrated Life, this is special time in the calendar of the Church to recognize religious men and women, especially those who are serving in our diocese.

**A new teaching—
with authority!
He commands even
the unclean spirits
and they obey him.**

- Mark 1:27



First Friday Adoration February 2nd

9:30am—Noon

Please join us for Eucharistic Adoration on Friday, February 2nd from 9:30am to noon. You may drop in at anytime during the hours of adoration to spend time with the Lord. The prayer box will be available for your special intentions in the foyer this weekend.



Forty Days for Life

Forty Days for Life returns to Terrace! This Lent we will dedicate each Thursday in Lent from 7:00am to 7:00pm to witnessing for LIFE near Mills Memorial Hospital. Please consider participating in this powerful prayer movement to end abortion. See the schedule on the bulletin board and sign up for an hour on any or all of the 5 Thursdays in Lent, beginning February 15th. For questions or more information please contact Barb LeRoss at 250-635-2770. After February 9th, please contact Don Coburn at 250-635-5427.

Roe Canada: The True North in a Post Roe World



Coming soon in February in St. Luke's Room, the Terrace Pro-Life society will present the documentary *Roe Canada: The True North in a Post Roe World*. This informative documentary explores how Canada could get a win for the unborn like the United States experienced when they overturned Roe v. Wade in 2022.

Pro-Life Garage



There will be a pro-life garage sale in March. Date to be announced. If you have items that need to be picked up immediately, we do have storage available, please call Don Coburn at 250-635-5427 for assistance.



Catholic Education Week is January 28th to February 3rd, 2024

This Sunday marks the beginning of Catholic Education Week. The 11:00am Mass will be led by students and staff of Veritas School. During Catholic Education Week the school will focus on living their faith by helping others, including making donations of food and caring notes to be distributed at the Terrace Churches' Food Bank. Please continue to keep Veritas in your prayers.

Veritas School – Kindergarten Registration



Veritas School is currently accepting kindergarten registrations for September 2024. Children registering for kindergarten must be 5 years of age on or before December 31, 2024. Application forms can be found at veritascatholicschool.ca or picked up from the Veritas School office. You can also contact Mrs. Tamara Berg, Veritas School Principal, at tberg@cispg.ca or 250-635-3035.

Grocery Cards



Veritas School will be selling grocery cards after 9:00 and 11:00 Mass on Sunday, January 28 and Sunday, February 11! Buying grocery cards from Veritas School does not cost you anything – buy \$100 worth of cards for \$100! How does Veritas School fundraise from grocery cards? We buy grocery cards in very large amounts at a slightly reduced rate, which allows us to sell them at their value and make a small profit! Grocery cards are available for Save-On-Foods, Safeway, and Wholesale Club in \$25, \$50, and \$100 amounts. Pay with debit, cheque, cash, or credit card! Thank you for supporting Veritas School!

LAST BASH BEFORE THE ASH FEBRUARY 11TH

FAMILY POTLUCK DINNER & DANCE



Everyone, including children, are welcome to a potluck supper and dance at Veritas gym on February 11th at 5:00pm. Sign up on the bulletin board today if you are planning to come and join the fun. Please bring a dish to share. Games and prizes for the whole family to enjoy! In addition, Veritas students will be selling goodies, proceeds will go to the Grade 8 Year End trip.

Pastoral Care Ministry



The Pastoral Care Team has begun its active ministry in the Parish Community. The team will bring Communion to the sick at home and in the hospital. If you know of someone in our faith community who would appreciate receiving Communion, a ride to Mass, or a home visit please get in touch with the parish office.



Catholic Women's League Memberships

Thank you to all of the ladies who have paid their CWL membership fees for 2024. If anyone is still planning to join please pay the fee of \$48.00 as soon as possible. Membership cards can be picked up at the Religious Goods counter after the Sunday masses.

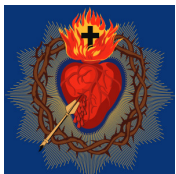


Palms for Ash Wednesday

Please bring in your blessed palms from last year to be burnt in preparation for Ash Wednesday. There will be a basket to receive your palms in the foyer. This year Ash Wednesday is February 14th; there will be Mass and Ash Distribution at 9:00am and 7:00pm.

Rest in Peace Fr. Vincent LaPlante

In your charity, your prayers are asked for Fr. Vincent LaPlante, OMI, who died in Vancouver last week. He served in the diocese over many years as Vicar General, Director of the Frontier Apostolate, Pastor of Fort St. James & Villages of Tachie & Pinchi; Pastor of Notre Dame, Dawson Creek; Pastor of St. Joseph's, Vanderhoof & the missions of Stoney Creek & Fort Fraser.



Sacred Heart Men's Group

The Men's Group will meet Sunday February 4th at 7:00pm in St. Luke's Room. All men of the parish are welcome to encounter Jesus Christ in Prayer and Fraternity as men of faith.

2023 Donation Receipts



The 2023 Donation receipts will be available for pick up next Sunday. Please note that an envelope for the Pallottine Order will be included with your tax receipt. The special collection for the Pallottines will take place on Sunday, February 25th, 2024.

Attention Envelope # 105

If you are using the 2024 envelopes numbered 105 please contact the parish office to register your envelopes. Thank you.

Diocesan Annual Appeal



Thank you to all those who have made their commitment to this year's appeals. Sacred Heart Parish in Terrace has reached 77% of the total combined goals. **Please help us reach our goal!**

Parish Goal: **\$48,090** Total Pledged: **\$37,183.00**

MASS TIMES January 29—February 4

Monday 9:00am † Joe daSilva

Tuesday

Wednesday

Thursday

Friday 9:00am † Maria Carrita

Saturday 9:00am †

No Mass from Tuesday to Thursday. Fr. James is away.

Weekend Mass Times

Saturday 7:00pm † Manuel & Ilda Ferreira

Sunday 9:00am † Ron Gowe

Sunday 11:00am Intentions of the parish

Confession

Tuesday & Saturday at 6:30pm,
or by appointment any day.

Daily Readings

Monday, January 29
2 Sam 15:13-14,30;16:5-13a
Psalm 3
Mark 5:1-20

Tuesday, January 30
2 Sam 18:9-10,14b,24-26a,
30-19:3
Psalm 86
Mark 5:21-43

Wednesday, January 31
St. John Bosco
2 Sam 24:2, 9-17
Psalm 32
Mark 6:1-6

Thursday, February 1
1Kings 2:1-4,10-12
1 Chronicles 29
Mark 6:7-13

Friday, February 2
Presentation of the Lord
Malachi 3:1-4
Psalm 24
Luke 2:22-40

Saturday, February 3
St. Blaise
1Kings 3:4-13
Psalm 119
Mark 6:30-34

Sunday, February 4
5th Sunday of Ordinary Time

Job 7:1-4,6-7 Psalm 147 1 Corinthians 9:16-19,22-23
Mark 1:29-39

Prayer List



Grethe Brorup
Maria DeMelo
Laura B. duBois
Charlene Henryu

Adele Johnson
Charles Kofoed
Margo Morin
Dalton Stanvik

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list.
Thank you!

Found!

Last week, a wireless earbud was found in the foyer. If you are the owner, please phone the parish office.

Rosary Jan 30—Feb1



There will be no rosary Tuesday, Jan. 30 to Thursday, Feb. 1st. We will resume praying the rosary together on Friday Feb. 2nd at 8:30am.

Quote of the Week:

All for God and for God's glory. In whatever you do, think of the glory of God as your main goal.
- St. John Bosco

Rosary

Sun, Mon, Wed, Thurs, Fri. & Sat at 8:30am
Tues, 6:30pm,

E -Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

**** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!**

Last Sunday's Collection

General \$ 4,306.55
Veritas \$ 460.00

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

