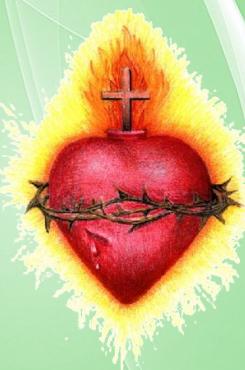




Jan 25, 2026

**3rd Sunday
in Ordinary
Time**



**Repent, for the
kingdom of
heaven is near.
- Matthew 3:2**

SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



Sunday Bulletin

Office Hours: Mon to Fri 9am - 4pm

Emergency no. after hours: 250-635-6628

Secretary: Kimberly Webb office@sacredheartnews.ca

Pastor: Fr. James J Dhiraviam, SAC

Parish Assistant: Gorette Pires gorette14@hotmail.com

frjames@sacredheartnews.ca



Association of the Guard of Honour of the Sacred Heart of Jesus

**Do you desire to deepen your relationship with
Christ?**

Consider membership in the Association of the Guard of Honor of the Sacred Heart of Jesus.

Next weekend, Fr. David Bellusci, OP will provide information about this beautiful devotion at all the weekend Masses. Fr. Bellusci will hear confessions on Saturday from 6:00pm to 7:00pm, no appointments are necessary. **COME and DISCOVER the meaning and practice of the devotion to the Sacred Heart of Jesus. Information about the association will be available after each Mass.**



Lenten Parish Mission Mark Your Calendars!

Our Lenten Mission will take place from March 9th-11th with Fr. Julian from Calgary as our speaker. Each evening will begin with Rosary at 6:00pm followed by Holy Mass at 6:30pm and the mission preaching. Please save these dates so that you may benefit from this opportunity to enter more deeply into Lent and experience the Lord's love and healing. More details will follow in future bulletins.



Diocesan Youth Conference May 15-17, 2026

Registration for the annual Diocesan Youth Conference opens February 2026. The DYC takes place May 15-17th in Prince George. Consider attending this faith filled weekend with other youth from around the diocese. Please watch the bulletin for further details.

Proposed Restrictions on Religious Freedom – Bill C-9

The President of the Canadian Conference of Catholic Bishops, Most Rev. Pierre Goudreault, has written to Prime Minister Mark Carney and other members of government concerning an amendment to Canada's hate speech legislation. The Liberal Party has made an agreement with the Bloc Québécois. In exchange for the BQ's support of Bill C-9, the Liberals will amend Section 319 (3) (b) of the Criminal Code to remove the religious exemption clause, which provides an exemption against prosecution for hate speech "if, in good faith, the person expressed or attempted to establish by an argument an opinion on a religious subject or an opinion based on a belief in a religious text."

The full news release from the CCCB and Most Rev. Pierre Goudreault's letter can be read here: <https://www.cccb.ca/media-release/proposed-restrictions-on-religious-freedom-bill-c-9/>



Letter to Parishioners Regarding Lawsuits

The Diocese of Prince George has published a letter to parishioners throughout the diocese updating them on the legal challenges the diocese is currently facing and the risks this poses. The letter is available on the diocesan website: www.pgdioocese.bc.ca

Questions about the letter can be addressed to info@pgdiocese.ca but it's important to know that responses will take some time. Right now, the most important thing that parishioners can do is to pray. We need to pray for our parishes and schools, but we also need to pray for all of those who are involved on both sides of these lawsuits.

Pancake Breakfast Thank You!

Thank you for your generous support at our last pancake breakfast. Together, we raised \$934.97 to assist the Veritas Grade 8 class with their year end trip.



Breakfast Volunteers Needed

If you are available to help at the pancake breakfasts including prep and clean up, please call Don at 250-635-5427 or leave your name and contact information with the parish office.



Used Books & Religious Items Sale February 7 & 8

On the weekend of February 7 & 8 there will be a used book and religious items sale in St. Mark's Room. Please continue to bring in your books and religious items, such as statues, crucifixes, pictures etc. and leave them in the drop box in the foyer. **Proceeds of the sale go towards the 2026 Vacation Bible School!**

PARISH ACTIVITIES

Pastoral Care: Gorette Pires: 250-635-2313

Prayer Line: Linda: 635-4767 Holly 635-3894 Rene 635-5833

NFP (Billings) Instructor: Cathy Vandenberg 250-635-7397

Pro-Life: Don Coburn 250-635-5427

Sacred Heart Guards of Honour: Heather Kurisu: 250-641-4191

CWL: Rachel Cote 250-635-5983

Knights of Columbus: Gerald Caouette (250) 615-2773

Finance Council: Barry Dobbin: 250-922-5654

Parish Council: Manuela Krisinger: 250-638-7885

Abba Prayer Group: Mondays at 7:00pm in St. Luke's Room

Catholic Women's League



2026 Membership Cards

2026 membership cards are available for pickup at the Religious Goods counter after the Sunday masses. Those ladies still planning to join are encouraged to do so asap. The fees are \$48.00 by cash or cheque.



Veritas Special Collection Jan 11, 2026

The funds raised during the special collection on January 11 are used for Veritas School families who request tuition assistance. To date we have collected **\$5, 104.00** for Veritas School. Thank you for your generous support.

School Mass, January 28

All are welcome to join the staff and students of Veritas for Mass on Wednesday, January 28th at 9:00am. The theme of the Mass is to "Love and Serve the Lord."



Rachel's Vineyard Retreats
PRINCE GEORGE, BC

Rachel's Vineyard – Serving the North

SPRING WEEKEND RETREAT FOR 2026

Find Calm for Your Mind & Peace for Your Soul

Rachel's Vineyard offers a confidential, therapeutic weekend retreat for anyone impacted by an abortion experience. Our May 22 – 24, registrations are now being accepted. For Further information on this Healing Ministry, please refer to our website. www.rachelsvineyardpg.ca Confidentiality Assured.



ABBA Prayer Group

The Abba Prayer Group will resume their praise and worship meetings on **Monday January 26 at 7:00 pm.** in St. Luke's room. Everyone is invited to come and grow in praise and love of Jesus.



Free Webinars from Franciscan University's Catechetical Institute – January and February

Franciscan University's Catechetical Institute is continuing our FREE and fantastic webinar series in 2026 to support catechists, teachers, and leaders! Please go to: <https://franciscanathome.com/guild-webinar-series> to browse and register for upcoming seminars.

You can browse their collection of webinars done in the past five years at: <https://franciscanathome.com/resources/webinars>



Marian Travelling Statue

Dolores Gonzales, guardian of the travelling Marian statue, is leaving for the Philippines in the beginning of February. Gorette Pires, our parish assistant, will be the contact person for all matters regarding the statue until Dolores returns. Gorette may be contacted via email at gorette14@hotmail.com. We pray that Dolores has a happy and safe trip to the Philippines and look forward to welcoming her back to Terrace in April. God bless you!



Called Together Diocesan Annual Appeal

Thank you for your continued support and generosity. We need your help to reach our parish goal. If you have not yet donated, please consider making a contribution as we approach the end of the year.

Parish Goal: \$ 45,450

Donations to date: \$ 34,175.00 - 75% of our goal!

MASS TIMES Jan 26—Feb 01

Monday 9:00am **†** Ana & Manuel Ferriera

Tuesday 7:00pm **†** Siegfried Schmitz

Wednesday 9:00am **†** Doreen Sousa
School Mass

Thursday 9:00am **†** Joe DaSilva

Friday 9:00am **†** Kay Barnes

Saturday 9:00am **†** Ernesto Spadafora

Weekend Mass Times

Saturday 7:00pm **†** Cathy Lindseth

Sunday 9:00am **†** Daniel Fonte

Sunday 11:00am Intentions for the Parish

Confession

Tuesday & Saturday 6:30pm
or by appointment.

Daily Readings

Monday, January 26
St. Timothy & Titus

2 Timothy 1:1-8
Psalm 96

Luke 10:1-9

Tuesday, January 27
2 Samuel 6:12b-15,17-19
Psalm 24
Mark 3:31-35

Wednesday, January 28
St. Thomas Aquinas
2 Sam. 7:1-7
Psalm 89
Mark 4:1-20

Thursday, January 29
2 Samuel 7:18-19,24-29
Psalm 132

Mark 4:21-25

Friday, January 30
2 Sam. 11:1-4a,5-10a,13-17
Psalm 51

Mark 4:26-34

Saturday, January 31
St. John Bosco
2 Sam.12:1-7a, 10-17

Psalm 51
Mark 4:35-41

Sunday, February 1
4th Sunday in Ordinary Time
Zephaniah 2:3;3:12-13, Psalm 146, 1 Cor. 1:26-31
Matthew 5:1-12

Prayer

List



Arnie Appels
Maria DeMelo
Raulino DeMelo
Gilda deSousa
John deSousa

Laura B. duBois
Fred Haines
Charlene Henyu
Joao Mendes
Gerald Nelson
Dalton Stanvik

To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list. Thank you!

Receive the weekly Sunday Bulletin in your Inbox!

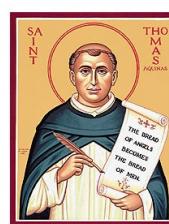


Please scan the QR Code to be added to our email distribution list. Your email address is kept private and is not visible to anyone.

Daily Rosary Times

Sun, Mon, Wed., Thurs., Fri, Sat., 8:30am

Tues, 6:30pm



Quote of the Week

Faith is first a fidelity to truth, indeed to Truth himself.

- St. Thomas Aquinas

E -Transfers to Sacred Heart Parish

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

** Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

Last Sunday's Collection

General:\$ 5,354.60

Thank you to all who have
donated to the parish;
your generosity is deeply
appreciated.

