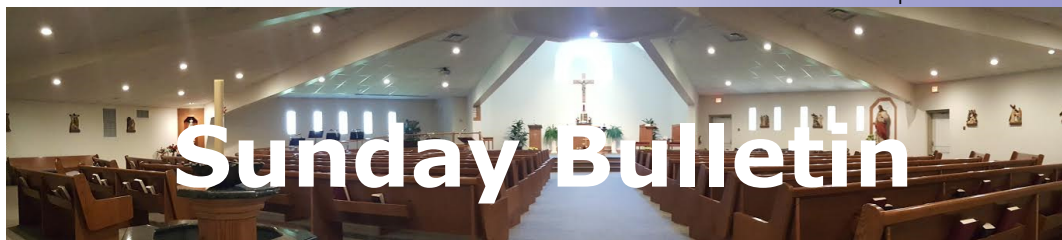




January 22, 2023

# SACRED HEART PARISH

4830 Straume Ave. V8G 4G3 Phone: 635-2313 Fax: 635-5873 Web: www.shpchurch.com



Office Hours: Mon to Fri 9am - 4pm Emergency no. after hours: 250-635-6628

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3rd Sunday

in



Ordinary

Time

## Veritas Thank you



Veritas School staff, students, and families and the Veritas School Council extend a huge thank you to Sacred Heart Parishioners for their generous participation in the Special Collection for Veritas School earlier this month. In total, \$2,880 was collected! These funds will be used to provide tuition assistance to families with such needs. We would also like to extend our appreciation to the Knights of Columbus for hosting last weekend's pancake breakfast to benefit Veritas School! Total net proceeds to Veritas School \$665.00. The amount donated from the pancake breakfast will be used to purchase new basketballs, volleyballs, and indoor soccer balls for our PE program. Veritas School is, as always, extremely grateful for the support of Sacred Heart Parish!

## Household Furnishings

A heartfelt thank you to all who responded to the call for household furnishings in last week's bulletin. The items flowed in and the needs of individual were met! Thank you once again for the continued generosity of the community.

## Sunday Gospel Reflection Matthew 4:12-23



### Light and Darkness

Zebulun and Naphtali were part of the Northern Kingdom of Israel, which was destroyed when the Assyrians invaded. The people were sent into exile. Even in this time of darkness, God provided hope and light.

The time of Jesus was also a time of darkness, with oppression by the Romans. Jesus provides light in this time by proclaiming the Kingdom of God.

### Good Enough?

In Jesus' time, rabbis would call people to follow him. But typically they would call people who were knowledgeable and "good enough". But Jesus is calling fishermen and other people who in Jewish society of the day would not have been considered worthy.

God doesn't require us to measure up. We do not have to be wise or learned or skillful. We just need to be willing. He can work with whatever we have to offer.

**"Repent,  
for the kingdom  
of heaven has  
come near."**

**- Matthew 4:17**

**MASS TIMES January 23—January 29**

**Monday 9:00am** † Polly Kuemper  
**Tuesday 7:00pm** † Souls in Purgatory  
**Wednesday 9:00am** † Jean O'Brien  
**Thursday 9:00am** † Leonel Falcao  
**Friday 9:00am** † Deceased Knights of Columbus  
**Saturday 9:00am** † Manuel Abreu

**Saturday 7:00pm** † Joao Medeiros  
**Sunday 9:00am** † Norm Bisaro  
**Sunday 11:00am** Intentions of the parish

**Confession**

Tuesday at 6:30pm and Sat. at 6:30pm  
 or by appointment any day.

**Daily Readings**

Monday, January 23 Hebrews 9:15, 24-28 Psalm 98 Mark 3:22-30	Thursday, January 26 <i>St.s Timothy &amp; Titus</i> 2 Timothy 1:1-8 Psalm 96 Like 10:1-9
Tuesday, January 24 Hebrews 10:1-10 Psalm 40 Mark 3:31-35	Friday, January 27 Hebrews 10:32-39 Psalm 37 Mark 4:26-34
Wednesday, January 25 <i>The Conversion of St. Paul</i> Acts 22:3-16 Psalm 117 Mark 16:15-18	Saturday, January 28 Hebrews 9:2-3, 11-14 Psalm 47 Mark 3:20-21



**Sunday, January 29**

**4th Sunday or Ordinary Time**

Zephaniah 2:3;3:12-13, Psalm 146, 1 Corinthians 1:26-31  
 Matthew 5:1-12

**Diocesan Annual Appeal Update**



As of December 31st, we have reached 96% of our parish goal! As a diocese we have also surpassed \$39,000 pledged for the Healing and Reconciliation Appeal. Thank you!

Parish Appeal Goal: **31,619.00** Total Pledged: **30,293.00**

**Help us to reach our goal!**

**Prayer List**

Laura D. duBois  
 Charlene Henry  
 Adele Johnson  
 John Klukas

Charles Kofoed  
 Robert Ono  
 Maria Roque



To put a name on the Prayer List please phone the parish office. Please remember to phone us as well if a name needs to be removed from the list. Thank you!

*Quote of the Week*

Whatever you do, whatever your skills, and whatever your age—you can live your life for the glory of God. Let this inspire you to take action today. Even the smallest act for God can make huge changes in someone's life.

-St. Dominic Savio

**Rosary**

Sun, Mon, Wed, Thurs, Fri, Sat at 8:30am Tues. at 7:30pm

**E -Transfers to Sacred Heart Parish**

When setting up the transfer option please add and save the parish as a recipient using:

1. Parish Name: **Sacred Heart Parish Terrace**
2. Email address: **shpaccounting@sacredheartnews.ca**
3. In the message section of the e-transfer please include your envelope number, if applicable and the designation of the your donation, i.e. "General" or a special collection.

\*\* Please note that you do not need a security question because the donation is automatically deposited into the designated parish account. Thank you!

**Last Sunday's Collection**

General \$ 4,269.50

Thank you to all who have donated to the parish; your generosity is deeply appreciated.

